

Sign ups begin
10:00 am
March 27th

5924 Lathrop Dr.
Cicero, NY 13039
Tel: 315-452-3298
cicero.recdesk.com
ARyan@cicerony.gov

Senior Center Staff

Alexandra Ryan
Nancy Noble
Alice Brown

Center Hours

10:00 am—4:00 pm

Center Closings

April 3rd-Good Friday
May 25th-Memorial Day
June 19th-Juneteenth

Youth Bureau, Parks & Recreation Staff

Tony Burkinshaw
Shannon Shoff
Jessica Soulier

CanTeen Staff

Wesley Sweetman
Kiera McShane
Krystina Gonzalez
Neo-Rose Edelstein McLeod

Park Staff

Bill Alley
Bill Lawrence
Mike Hogan
Jacob Bourdage
Kyle Ellis

Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month, a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment to serving older adults.

The 2026 theme, *Champion Your Health*, focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing your own health, advocating for yourself, accessing preventive care, and making informed decisions that support independence.

Highlighting the importance of evidence-based approaches, self-management, and community partnerships that empower individuals to lead their healthiest lives.

How can individuals take charge of their health at every age?

- Stay up to date on preventive care and screenings.
- Build and maintain social connections that support emotional well-being.
- Choose nutritious, minimally processed foods.
- Incorporate regular physical activity to maintain strength and mobility.
- Practice daily habits that support mental health and resilience.

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Parks & Recreation Commission

Michael Folsom, Chair
Christine Scollay, Co-Chair
Elaine Davis
Krissy Soboleski
Gretchen Walter
Paul Welenc
Heather Wieland

Town Board

Rob Santucci, Town Supervisor
Mike Becallo, Councilor
Jamie Pardee, Councilor
Chris Daniel, Councilor
Ashley Hogan, Councilor

OLDER AMERICANS MONTH



CHAMPION YOUR HEALTH: MAY 2026

BIRTHDAY CELEBRATIONS

April Birthdays

1st	Phil	Reitz
3rd	Barbara	Evanoff
5th	Carolyn	Rothenhoefer
6th	Nancy	Jacques
	David	Kesel
7th	Donna	Austin
	Wayne	Montpetit
8th	Linda	McCaffrey-Militi
	RoseAnn	DeFeo
9th	Linley	Willis
10th	Edwin	Gorski
11th	Marty	Ferrell
12th	Florence	Sacco
13th	Joyce	Vanvolkenburgh
15th	Ameigh	Mekker
	Sandy	Grosso
16th	Pat	Burns
	Francis	Szkotak
18th	William	Roberge
19th	James	Blackburn Sr
	Anthony	Gonzalez
21st	Kathleen	Wilcox
	Mazie	Durandette
22nd	Toni	Mundstock
	Edward	Woodworth
	Carol	Burchim
	Rita	DiRienz
	Tina	Gallo
	Bill	Whipple
23rd	Patricia	Chase
24th	Annette	Vicik
	Micheal	Mathews-Rogers
	Sharon	Davis
	Linda	LaMontagne
	Janet	Burtis
	Andrea	Marsh
25th	Charles	Kopf
26th	Steven	Vicik
	Diane	Lee
27th	Linda	Graves
	Earl	Hardendorf
28th	Bernice	Rowland
29th	Elaine	Davis
	Laurie	Hare
30th	Patricia	Cancredi
	Maria	Owens

Celebrate your birthday
during our monthly
cupcake and
entertainment!

April 17th

May 15th

June 12th

May Birthdays

1st	Steven	Short
2nd	Cindy	Sobus
4th	Terry	Baldwin
5th	Cheryl	Kukulski
5th	Ellen	Etherington
6th	Candi	Nelson
7th	Jeanne	Bargabos
8th	Nancy	Redmond
10th	Shari	Gamlen
	Susanne	Balon
12th	Steven	Leyden
13th	Karen	Roder
16th	Janet	Reitz
	Herbert	Smithson
19th	Sandra	Elen
	Dorothy	Belanger
22nd	Bonney	Whipple
23rd	Thomas	Schunck
24th	Kathryn	Langdon
25th	Nancy	Galipeau
	Duane	Whittaker
27th	Carolyn	Gearty
28th	George	Sobus
30th	Theresa	Paris
	Karen	Lumb
31st	Sharon	Volpe
	Sharon	Vople



June Birthdays

1st	Carlene	Maloney
4th	Robert	Marsh
	Ronald	Kochanowski
	Dick	Sharpsten
6th	M. Paula	Gilmour
8th	Robert	Koegel
	Bob	Holmes
9th	Bill	Mahyna
10th	Olympia	Lobdell
13th	Jean	Halpern
	Debra	Schunck
14th	Thomas	O'Connor
15th	Jean	Brooks
	Rita	Schmidt
	Yvonne	Zacharek
17th	Charolte	Caramanna
	Steven	Felice
18th	Joyce	VanAtta
20th	Julie	Chiarizia
21st	Charles	Paries
	Dorothy	Capria
	Dan	Vick
22nd	Mary	Corapi
	Carm	Frasca
23rd	Laurie	Champlin
	Tom	Pearce
25th	Louis	Bottino
26th	Joni	Koegel
28th	Tina	Lamica
	Carolyn	VanAllen
29th	Nicholas	Capece
30th	Mary	Amyot





IMPORTANT REGISTRATION AND PAYMENT INFORMATION

Early registration and payment is necessary to ensure the success of a trip. Registration and payment information will be listed with each trip outline. Early registration and prompt payment helps us plan and fulfill down-payment obligations. **Registration for programs and trips will not be accepted without payment. If you don't have payment with you, you can put your name on the wait list. Trip payments are non-refundable unless we can fill your spot.** If a sufficient number of participants have not registered by the deadline, the trip may be cancelled.

All Things OZ Museum and Yellow Brick Road Casino



Enjoy a Guided Tour of the very extensive "All-Things Oz Museum". It promises to fascinate and awe you with information you never knew about The Yellow Brick Road. We will then head over to the Yellow Brick Road Casino for lunch at The Brick House Kitchen Restaurant followed by some time for gaming.

ALL THINGS OZ MUSEUM

Date: Thursday, April 9th

Time: Depart Center @ 9:15 am

Cost: \$30.00 (Includes transportation and museum admission, lunch & gaming on your own)

Webster Pond

Let's leave winter behind and head out for the day. We will go to Firekeepers for lunch. After a comfort meal we will head over to Webster Pond. Enjoy some sunshine (hopefully) and feed the ducks. There is a short path for those who choose although it may be to wet or plenty of benches to watch the wildlife. After a 30 minute to an hour stay at the pond we will head to Gannon's for some Ice Cream .



Lunch and Duck Food are Cash Only!

Date: Thursday, April 16th

When: Depart Center @ 11:30 am

Cost: \$14.00 (transportation only)

"The Devil Wears Prada II" @ The Move Tavern

A sequel to *The Devil Wears Prada* (2006), it sees Meryl Streep, Anne Hathaway, Emily Blunt, Stanley Tucci, Tracie Thoms, and Tibor Feldman reprising their roles from the previous film. Andy returns to Runway as Miranda navigates a new media landscape



and Runway's position within it. They reconnect with another former assistant, Emily, who is now the head of a luxury brand that possesses funding which could ensure Runway's survival. We will enjoy lunch at Toss and Fire Restaurant. Please sign up if interested and we will inform you of details as it gets closer.

Date: May TBD

Time: Depart Center @ TBD

Cost: TBD (Includes transportation and ticket, lunch on your own)

Disney's "Frozen" at Syracuse Stage



Disney's Broadway Production of "Frozen" is a thrilling theatrical Production with stirring songs, spectacular adventures and one magical Snowman. Before the production we will be having lunch at "The Golden Coral".

Date: Wednesday, June 3rd

Time: Depart Center @ 11:15 am

Cost: \$98.00 (All inclusive)

TRAVEL NEWS

Sonnenberg Gardens and Mansion



"Whether strolling through its flower-filled gardens, or touring its magnificent mansion, Sonnenberg Gardens and Mansion State Historic Park is a very special place. It is one of just two public gardens in all of the New York State Parks System and is one of the few Country Place Era Estates remaining in the US. Trip will include Tour of the Garden, tour the Mansion, and Lunch. There will be walking but the tram is available to us. Lunches are chicken or tuna salad on croissant or wrap, beef on wreck, hearty ham and cheddar, or a large greenhouse salad. Please have your choice at sign ups.

Date: Thursday May 28th

When: Depart Center @ 10:40 am

Cost: \$67 (Includes Transportation, Tour, and Lunch -your option choice and a beverage)

Summer Nights Tribute to Grease @ Turning Stone

"Summer Nights is THE electrifying Grease tribute band! Get ready to rock and roll like it's 1959, with the most iconic soundtrack of all time! Part tribute band, part musical theater, all the fun of the 1978 classic movie! Summer Nights, brilliantly encapsulates the spirit of the cult-classic movie Grease, with unforgettable songs, dances, costumes, characters, and summer lovin! "



Enjoy a wonderful show and try your luck in the casino. You will receive \$25 towards slots and \$ 5 food coupon. Please bring your Turning Stone card with you to sign ups!

Date: Tuesday, June 30th

When: Depart Center @ 9:30 am

Cost: \$65 (Transportation & Show)

SUPERVISOR'S CORNER

Greeting's seniors! It was a pleasure meeting many of you during the Annual Fish Fry at the Senior Center in February. The company was great, and the perch was delicious. Kudos to the chef and all who prepared this fine meal.



As for the Town of Cicero itself, my office is hard at work with several projects, including a senior 55+ development, additional housing, and better retail and dining opportunities for our residents. We're also trying to land a supermarket in Bridgeport, more enhancement to the landscape of Brewerton, and numerous projects that can make living in Cicero even better than it has ever been. Our optimism remains high, and we will continue the work each and every day on your behalf.

If you have a particular issue or concern about our town, please feel free to join me at my monthly "Supervisor Saturdays" every month at Kim's Family Diner, 8319 Brewerton Rd from 8-10am. You can share your thoughts with me on all things Cicero (along with Bridgeport, Brewerton, and North Syracuse), and I'll even buy the coffee! If you can't make it in person, you can call me at 315-752-1180 x333 or by email Rsantucci@cicerony.gov to set a time to talk.

If you see a new face at the Senior Center, please be sure to introduce yourself and extend a friendly welcome!

Our newest members are:

John Kozak, Kathleen Wilcox, Lana and Steve Sawicki, Nancy Faucher, Nonie McGarry, Cynthia Lesperance, Frances and Michael Stiles, John Zwolak, Ellen Etherington, Connie and Ed Stinson, Dennis Penge, Rob Santucci, and John Watkins.



OVERNIGHT TRIPS

ALASKA CRUISE LAND & RAIL

WITH PRINCESS CRUISES®
ON THE ISLAND PRINCESS®

11 DAYS / 10 NIGHTS

SEPTEMBER 6 – 16, 2026

Inside Cabin Category	ID	\$5,519
Outside Cabin Category	OC	\$6,099
Balcony Cabin Category	BD	\$6,669
Balcony Cabin Category	BC	\$6,729

Rates are per person double occupancy and include roundtrip airfare from Syracuse, cruise, port charges, government fees, taxes and transfers to/from ship.



An Alaska cruise, land, and rail vacation with Princess Cruises® on the Island Princess® offers a multi-faceted experience combining a scenic cruise to glaciers, a luxurious glass-domed train journey on the exclusive Princess® Rail Service to the interior, and stays at Princess Wilderness Lodges® near national parks. The cruise provides glacier viewing and wildlife opportunities, while the Direct-to-the-Wilderness® rail service connects you from the ship to the lodges, featuring guided narration, made-to-order dining, and open-air observation platforms to immerse you in the landscape and spot wildlife.



FOR RESERVATIONS OR MORE INFORMATION
PLEASE CONTACT ALEX RYAN (315) 452-3298

collette

Aloha Hawaii

January 13-21, 2027



***Double \$5,999 *Single \$7,799**

9 Days * 12 Meals

Embark with the Cicero Senior Center & Collette and escape the 'winter blues' in Jan. 2027 on a journey through the lush landscapes and vibrant culture of Kauai and Maui, where adventure meets tranquility! Drift down the serene Wailua River, explore the breathtaking Waimea Canyon, and immerse yourself in the history and heritage of the Iao Valley. Sample seasonal fresh fruit, discover the sustainable practices on a macadamia nut farm, and experience the warmth of Hawaiian hospitality at a traditional luau. Enjoy luxurious stays at premier resorts on Kauai and Maui, where you can relax on pristine beaches or embark on thrilling adventures. This tour offers a perfect blend of natural beauty, cultural connections, and relaxation!

Included in Price: Round Trip Group Transportation from Cicero Senior Center to Syracuse Airport, Round Trip Air from Syracuse Airport, Inter-flights from Lihue Municipal, Air Taxes and Fees/Surcharges, Hotel Transfers

Not included in price: Cancellation Waiver and Insurance of \$429 per person.



**Informative
Presentation
April 6th
@10:30 am**

For more information contact Alex at the Cicero Senior Center or check out trip details at <http://gateway.gocollette.com/link/1328583>

CENTER HAPPENINGS

Ongoing Programs at the Center

Bunco

Tournament style Bunco is a dice game where players compete in rounds to score points and win prizes. Bunco rotates every other Monday.

Day: Rotating Mondays

Time: 1:00 pm

Cost: \$3.00 Bunco



Team Trivia



Come flex your knowledge with team trivia where teams compete against each other on a variety of topics! No need to bring your own team, just join any table! Trivia rotates every other Monday.

Day: Rotating Mondays

Time: 1:00 pm

Cost: FREE

Game Day

Join us on **Mondays** to play table games. Have a game in mind that you'd like to play? Let us know and we will set up a table for you!

Day: Mondays

Time: 2:30 pm

Cost: FREE



Poker



Join us on Mondays to play Texas Hold'em poker.

Day: Mondays

Time: 2:30 pm

Cost: \$5.00

Pitch

Come join us for an afternoon of trick taking card fun! This is played tournament style, no need for a partner as you will draw randomly for one.

Day: Every Tuesday

Time: 1:00 pm

Cost: \$3.00

****ADDITIONAL DAY****

Day: Every Wednesday

Time: 2:30 pm

Cost: \$3.00



Mahjong

Mahjong is a tile-based game of skill, strategy, calculation and chance. Come observe and learn!

Day: Wednesdays

Time: 10:30 am

Cost: FREE



Phase 10

Phase 10 is the Rummy-type card game with a twist! Be the first player to complete 10 varied phases.



Day: Thursdays

Time: 1:00 pm

Cost: FREE

Bridge

Come play this team, trick taking game. Partners are not needed but tables of 4 are required, so call to save your spot.

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Knitting/Crocheting

All levels welcome! Enjoy the company of others in this social knitting group!



Day: Thursdays

Time: 1:00 pm

Cost: FREE

Men's group

Come for coffee and fellowship!

Day: Fridays

Time: 10:00 am

Cost: FREE



Bingo



Play 11 games with prize money!

Day: Fridays

Time: 1:00 pm

Cost: 50¢ per card

Billiards Room

The billiard room is open for daily use with 2 tables and many cue sticks available for use.

Days: Monday thru Friday

Hours: 10:00 am to 4:00 pm

Cost: FREE



CENTER HAPPENINGS CONTINUED

Entertainment & Birthday Celebrations

Entertainment with Marty Dorshel

Enjoy some musical entertainment with friends!! Come ahead of time for a PEACE lunch followed by cake to celebrate birthdays! Stay after for a short game of bingo!

Date: Friday, April, 17th

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal
Cupcakes & Entertainment FREE



Entertainment with Jerry Cali

Come join us for an entertaining afternoon! Entertainment to start at 1:00 pm, after the PEACE meal. We will also celebrate all those who were born in May with cupcakes and play a short game of bingo!!

Day: Friday, May 15th

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal
Cupcakes & Entertainment FREE



Entertainment with Mike Madigan

Let's welcome Mike back to entertain us and get ready for the summer season! Come ahead of time for a PEACE lunch followed by cupcakes to celebrate June birthdays! Stay after entertainment for a short game of bingo!

Day: Friday, June 12th

Time: 12:00 pm Lunch

12:30 pm Birthday Social

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal
Cupcakes & Entertainment FREE



****NEW PROGRAM****

Men's Group

There has been an expressed interest in the creation of a Men's Group. At this time they are meeting Friday mornings at 10 am for coffee and fellowship. If you would like to provide input on the future direction of the group, there will be an **organizational meeting held on Friday, April 10th at 10 am**. If you are not able to attend, stop at the center and fill out a questionnaire.

Day: Fridays

Time: 10:00 am

Cost: FREE



MEN'S GROUP

CENTER HAPPENINGS CONTINUED

Center Meals and Events

PEACE Luncheons

Congregate meals are Mondays, Tuesdays and Fridays at noon. Meals are a suggested donation of \$3.50 (or whatever you can afford). You must sign up a minimum of 24 hours ahead of time, stop by or call the center to sign up!



Maple Syrup Brunch



Dutch Hill Maple will be at the center to talk to us about their maple syrup production and share some tasty samples! You will also get a jug maple syrup to take home with you! Afterward enjoy a spread of brunch foods with friends!

Date: Thursday, April 23rd

Sign up by Monday, April 20th

Time: 10:00 am

Cost: \$12.00

Kentucky Derby Day

Grab your hat and place your bets!! Come join us as we roll the dice and race our very own horses! Join us after for a PEACE lunch.

Date: Friday, May 1st

Time: 11:00 am Race / 12:00 pm PEACE Lunch

Cost: \$1.00 Racing Bets / \$3.50 PEACE Lunch



Spring English High Tea Party



*Let's
have
some
SPRING
tea!*

A traditional tea party is a perfect setting for a spring afternoon. Tasty finger sandwiches, delicious treats and of course tea will be served!

Date: Thursday, May 14th

Sign up by Monday, May 11th

Time: 12:00 pm

Cost: \$10.00

Strawberry Shortcake Social

June is strawberry season!! Come enjoy a homemade lunch with friends followed by a delicious strawberry shortcake dessert!

Date: Thursday, June 11th

Sign up by Monday, June 8th

Time: 12:00 pm

Cost: \$10.00



Happy 250th Birthday America – Hot Dog Cookout

Hot Diggity Dog! July is the Birthday day of America and National Hot Dog Month! So, grab your dog and add your own flair with all the toppings! Enjoy the cookout in our pavilion with all the fixings!



Date: Thursday, July 2nd

Sign up by Monday June 29th

Time: 12:00 pm Lunch

Cost: \$10.00

CENTER HAPPENINGS CONTINUED

Informative Presentations

Bankers Life

Join Todd Cross, Financial Advisor with Bankers Life, as he educates on the importance of having a Long Term Care Plan in place for seniors.

In this discussion, Todd will cover what Long Term Care is, what Medicare does not cover with Long Term Care, and how you can prevent a Long Term Care incident as you age from being the biggest risk to losing your retirement assets and your home.

Date: Friday, April 10th

Time: 11:00 am

Cost: Free



Legal Aid Society of Mid NY

Legal Aid Society of Mid New York will be here at the center by appointment to answer you questions or concerns regarding power of attorney, wills, health care proxies, Medicare/Medicaid, public assistance, housing issues, consumer issues and much more.



Call the center to set up your appointment!

Date: Wednesday, May 13th

Time: By Appointment

Cost: Free consults

Forever Young Ladies Group

Forever Young is a group of fun-loving ladies that meet every month. There is an additional membership fee of \$25 to join which goes towards the annual Christmas Party!

Willow Rock Brewery



Enjoy lunch out at Willow Rock Brewery. Please come to the center and sign up ahead of time and pick out your meal.

Date: Thursday, April 30th

Time: Meet @ 12:00 pm

Cost: On Your Own

Crazy Daisy's Flowers and Lunch

Get creative with a patio planter potting workshop followed by lunch at Crazy Daisy's. You will be able to pick 3 plants of your choice to place in a provided pot with fresh soil and fertilizer. Afterwards enjoy lunch with friends on the porch!



Date: Thursday, May 21st

Time: Depart Center @ 10:00 am

Cost: \$40.00 (Includes transportation and workshop, Lunch on your own)

Ride the BEAST thru The Wild's Safari



We will journey through large paddocks of free roaming animals in the comfort of a specially built off-road monster truck. A VIP tour will be guided by one of our knowledgeable staff to tell you all about the amazing animals that inhabit The Wild Drive Thru Safari, seeing zebras, bison, elk, camels Kahari, white rhinos and many more. You will have the opportunity to feed some of these amazing animals.

Afterwards our tour will have a late lunch at **Point Place Casino** and have free time for gaming.

Date: Thursday, June 25th

Time: Depart center @ 11:00 am

Cost: \$35.00 (Includes transportation and safari ride, lunch on your own)

CENTER HAPPENINGS CONTINUED

Fitness Programs

Aerobics with Clement

A low impact aerobics and strength class on Mondays.

****NEW INSTRUCTOR****

Days: Mondays

Time: 9:00 am - 10:00 am

Cost \$20.00 for 3 months of classes



Yoga with Michele

Depending on your comfort level, you can choose to be in a chair or on the floor.

Day: Tuesdays

Time: 9:00 am - 10:00 am

Cost \$30.00 for 3 month of classes

Core and Balance with Michele

A workout focused specifically on building core strength—the main source of balance in the body every Thursday.

Days: Thursdays

Time: 9:00 am - 10:00 am

Cost \$20.00 for 3 months of classes



**** \$5.00 Discount if you take all 3 classes****



United Methodist Church Caring Support Group 2026 Bus Trips



Mackinac Island Sept 28th- Oct 3rd

Includes:

*Motorcoach transportation, 5 Nights lodging including 3 consecutive nights in Northern Michigan, 8 Meals: 5 breakfasts and 3 dinners, Guided tour of Mackinaw City, Visit to Mackinac Island, including a guided carriage tour, Boat ride through the Soo Locks and free time sightseeing in Sault Sainte Marie, Visit Mackinaw Crossings, Admission to Colonial Crossings, Gaming excitement at the Northern Michigan Casino

**\$799 per Double Occupancy
\$1,004 Single Person
\$75 Deposit due at sign up**

Lancaster-Sight and Sound November 10th-11th

Includes:

*Motorcoach transportation, one night lodging, one breakfast, one dinner, 2 shows-**Joshua** at sight and sound and American Theater Christmas, driver gratuity, luggage handling, and more.

Limited seating-sign up now

**\$425 per Double Occupancy
\$525 Single Person
\$100 Deposit due at sign up**

****For more information on both these trips and to sign up, please contact Mary Alice Scheel at 315-699-7181**

PARKS AND RECREATION



LAKESIDE SUMMER CONCERT SERIES!

THURSDAYS, JULY 2 - AUG. 6

6:00PM - 8:00PM

JOSEPH F. WILLIAM MEMORIAL PARK

**JULY
2**

THE RIPCORDS!

BLUES

GRUB ON THE RUN FOOD TRUCK & HAPPY SUN ICE CREAM

**JULY
9**

MOOD SWING!

VARIETY OF ROCK, COUNTRY, BLUES, & MOTOWN

GRUB ON THE RUN FOOD TRUCK & HAPPY SUN ICE CREAM

**JULY
16**

SURF SCHOOL!

BIG WAVE ROCK AND ROLL MUSIC

GRUB ON THE RUN FOOD TRUCK & HAPPY SUN ICE CREAM

**JULY
23**

THE STRANGERS!

SONG HITS FROM THE 60S TO NOW WITH A MODERN TWIST

JILLIE DOGS FOOD TRUCK & HAPPY SUN ICE CREAM

**JULY
30**

LETIZIA AND TODD HOBIN DUO!

FAVORITE SONGS OVER THE DECADES

GRUB ON THE RUN FOOD TRUCK & HAPPY SUN ICE CREAM

**AUG.
6**

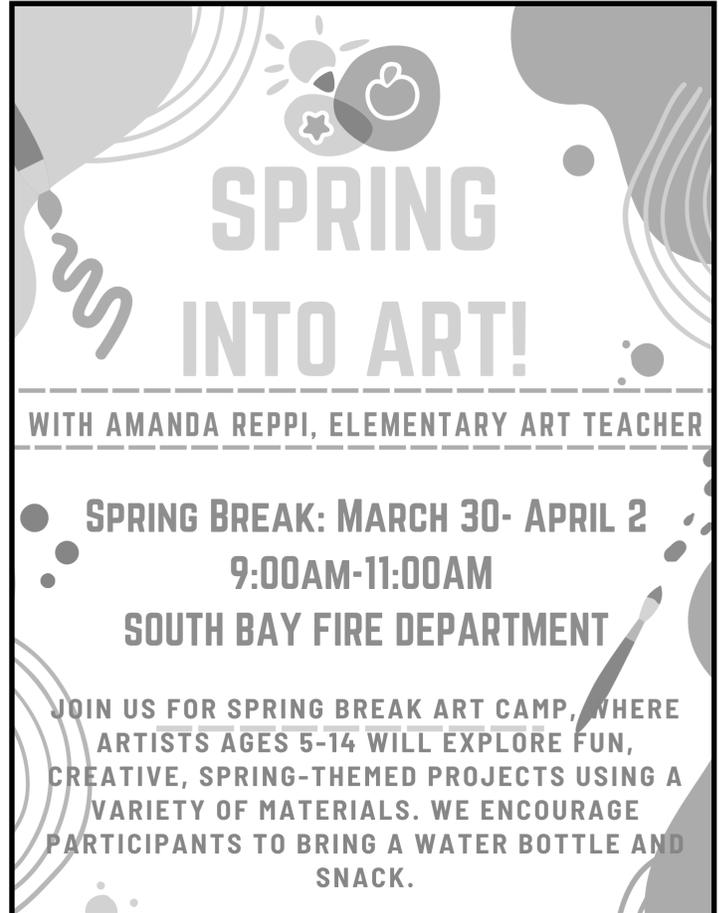
COMMON CREED FEATURING LOREN BARRIGAR!

AMERICAN FOLK AND ACOUSTIC GUITAR

GRUB ON THE RUN FOOD TRUCK & HAPPY SUN ICE CREAM

PARKS AND RECREATION

To sign-up for these program go to www.cicero.recdesk.com/community/program, grab a registration form from the Senior Center or Cicero Parks and Recreation's office located at Joseph F William Park or call 315-699-5233



SPRING INTO ART!

WITH AMANDA REPPi, ELEMENTARY ART TEACHER

SPRING BREAK: MARCH 30- APRIL 2
9:00AM-11:00AM
SOUTH BAY FIRE DEPARTMENT

JOIN US FOR SPRING BREAK ART CAMP, WHERE ARTISTS AGES 5-14 WILL EXPLORE FUN, CREATIVE, SPRING-THEMED PROJECTS USING A VARIETY OF MATERIALS. WE ENCOURAGE PARTICIPANTS TO BRING A WATER BOTTLE AND SNACK.



WE'RE HIRING!

5 REASONS TO BECOME A CAMP COUNSELOR

1. FUN AND ACTIVE WORK
2. RESUME BUILDER
3. PAID TRAINING
4. MAKE LIFELONG FRIENDS
5. NO EVENINGS. NO WEEKENDS

APPLY NOW! **SEND APPLICATIONS TO:**



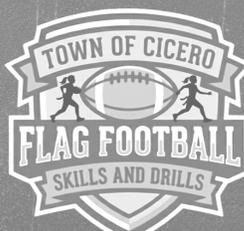
SSHOF@CICERO.NY.GOV
315-699-5233 EXT: 347

2026 Town of Cicero Summer Day Camp!

REGISTRATION, FOR RESIDENTS, OPENS MONDAY, FEB. 2ND AT 10:00AM

Location	Time	Dates
Smith Road Elementary	8:15am - 3:15pm	June 29th - Aug. 7th
WEEK ONE	JUNE 29TH - JULY 2ND RESIDENTS: \$160.00 & NON-RESIDENTS: \$220.00	
WEEK TWO	JULY 6TH - JULY 10TH RESIDENTS: \$200.00 & NON-RESIDENTS: \$275.00	
WEEK THREE	JULY 13TH - JULY 17TH RESIDENTS: \$200.00 & NON-RESIDENTS: \$275.00	
WEEK FOUR	JULY 20TH - JULY 24TH RESIDENTS: \$200.00 & NON-RESIDENTS: \$275.00	
WEEK FIVE	JULY 27TH - AUG. 31ST RESIDENTS: \$200.00 & NON-RESIDENTS: \$275.00	
WEEK SIX	AUG. 3RD - AUG. 7TH RESIDENTS: \$200.00 & NON-RESIDENTS: \$275.00	

GIRLS FLAG FOOTBALL CAMP!



APRIL BREAK: MONDAY, MAR. 30TH - THURSDAY, APR. 2
1:00PM - 4:00PM
BELIEVERS CHAPEL GYMNASIUM
RESIDENTS: \$150.00 / NON-RESIDENTS: \$175.00

JOIN COACH MO, A CERTIFIED COACH WITH FIVE SEASONS OF EXPERIENCE, FOR A COMPREHENSIVE SKILLS & DRILLS CAMP DESIGNED TO HELP YOUNG ATHLETES DEVELOP CONFIDENCE, TEAMWORK, AND FUNDAMENTAL FLAG FOOTBALL SKILLS IN A POSITIVE AND ENCOURAGING ENVIRONMENT.

THIS CAMP WELCOMES PLAYERS OF ALL BACKGROUNDS - FROM THOSE INTERESTED IN TRYING FLAG FOOTBALL FOR THE FIRST TIME TO THOSE WITH GAME EXPERIENCE LOOKING TO SHARPEN THEIR SKILLS.

PARTICIPANTS WILL FOCUS ON:

- FLAG PULLING TECHNIQUES AND DEFENSIVE POSITIONING
- THROWING AND CATCHING FUNDAMENTALS
- AGILITY, SPEED, AND COORDINATION DRILLS
- OFFENSIVE AND DEFENSIVE CONCEPTS APPROPRIATE FOR ALL LEVELS
- TEAMWORK, SPORTSMANSHIP, AND GAME AWARENESS

CENTER INFORMATION

Join the Cicero Senior Center

Membership is free to Town of Cicero residents that have reached the age of 55. Seniors living outside of the town must pay a low annual membership fee of \$30.00 per individual or \$45.00 for a couple! (*This eliminates an additional charge to non-residents for trips and events.*) Fill out one of our registration forms to get on the quarterly newsletter mailing list. All trips are offered to members first. Events and celebrations at the Center are for members only. Occasionally, guests can attend events with prior approval from the Center Coordinator as space is limited.

Steering Committee

The Steering Committee meets monthly to keep our Center running smoothly. If you have any ideas, suggestions, or concerns, please feel free to attend our next meeting. Meetings are scheduled for 10:30 am on the third Tuesday morning of each month.

Members: Elaine Bisbee, Claire Cary, Marty Ferrell, Ellen Garland, Carolyn Gearty, Phima Niedzwiecki, Mark Steen, Barb Volz, Linley Willis and Elaine Davis as Parks and Rec Commission Liaison.

Bad Weather Closing

To be informed of the Center closing in the event of a storm, watch for scrolling cancellations or check online with local channels 3, 5, 9 & Spectrum News 10. PEACE meals are cancelled when the Syracuse City School District is closed. If weather is bad, please stay home where you feel safe.

Path of Love

This program is an opportunity to make a donation to the Senior Center by purchasing an engraved brick to be placed in a path entering our gazebo. This is a lovely way to pay tribute to family members or to leave a message for future generations. To place your order for a brick, simply call the Center at 315-452-3298 or stop by the Center. Cost per brick is \$50.00.

TRANSPORTATION INFORMATION

Syracuse Centro Call-A-Bus

Call-A-Bus provides origin-to-destination trips to eligible people with disabilities who would otherwise use Centro buses if it were not for their disabilities. To determine if you are eligible for Call-A-Bus, you must complete a written application, and it must be signed and verified by a healthcare professional of your choice. Fares range from \$2.00 to \$3.00. Contact: 315-442-3434

Syracuse Centro OSCAR

OSCAR provides public transportation Monday - Friday between 7:00am and 7:00pm to/from origins and destinations within Onondaga County that are not serviced by Centro's regular route service. Eligible seniors must be pre-registered to participate in the OSCAR program. The OSCAR service cannot be used for medical transportation if the customer is eligible for Medicaid. Eligible seniors may receive (2) round trips per month or (4) one-way trips per month. To request an application, please call Centro's Specialized Transportation Department at (315) 442-3434,

GoGoGrandparent

A transportation partnership with New York State Office for the Aging & Uber/Lyft that makes it possible for seniors to book on-demand or scheduled rides, with just a phone call - no apps or smart phone required! You must live in Onondaga County and be age 60 years or older. The Onondaga Office for Aging will cover 100% of the cost of 2 round trip (or 4 one-way) rides per month, but first, you must be registered through our office. You may use this transportation service to go to Community Centers, visit loved-ones, fitness centers, medical appointments, shopping, volunteer activities and more! For more information or to register for this service please call 315-435-1400

Area North Transportation Services (ANTS)

The Catholic Charities Elderly Services program provides transportation for clients in Northern Onondaga County.

For more information regarding transportation for the ANTS program, call (315) 424-1810.

RESOURCES AND SERVICES



**Onondaga County
Office for Aging**
315-435-2362
www.ongov.net/aging

The Onondaga County Office for Aging is one of 59 Area Agencies on Aging in New York State and is part of the national aging network. Their aim is to be a focal point for information, advocacy, and coordination of eldercare services. Some of their services are listed below.

Caregiver Services - Provides respite programming, information and assistance, and support and discussion groups. It also offers the "Institute for Caregivers" – classes for current and future caregivers that inform on relevant topics.

Community Services - Provides information and referrals related to home repairs, legal services, senior center activities, health promotion initiatives, transportation options and shopping services. It also includes the Neighborhood Advisor Program.

Energy Programs - The Home Energy Assistance Program (HEAP) offers heating and cooling assistance to income eligible seniors.

Health Insurance - The Health Insurance Information, Counseling & Assistance Program (HIICAP) offers free and unbiased information.

Home Care - Expanded In-Home Services for the Elderly Program (EISEP) - A sliding-scale, fee-based program that provides non-medical home care for frail individuals. It also includes case management and respite care options.

Nutrition Services - Provides nutritious meals and nutrition education through home delivered meals, senior dining sites and nutrition counseling. The unit also manages the annual "Senior Farmers Market Nutrition Program."

NY Connects - Provides information and assistance on long term care services for persons of any age.

Long Term Care Services - Offers medically based home care for children and adults who receive Medicaid.

Neighborhood Advisor Program

If you are 60 years of age or older, you can receive assistance through the Neighborhood Advisor Program. Some available programs are Energy Grants (HEAP), Medicare, Financial Assistance, Medicaid, Health Services, Prescription Drugs, Home Care and Senior Groups. Contact Catholic Charities directly at (315)424-1810 with any questions.

Legal Aid Society of Mid NY

Legal Aid Society of Mid New York has qualifying programs to help regarding power of attorney, wills, health care proxies, Medicare/Medicaid, public assistance, housing issues, consumer issues and much more.

Call 315-703-6600 to make an appointment and

Home Repairs

Project Fix is a small in-home repair service for senior citizens, 60 years and older living in Onondaga County. This is funded through Catholic Charities, NYS Office for Aging and Onondaga County Department of Adult and Long Term Care Services. They can help you with plumbing, electrical and carpentry services. Cost to you is materials and a donation for labor. Call Nancy Roberts at (315)424-1810.

Medical Equipment

Luther Memorial Church has a medical equipment storage closet available for the community. If you are in need of equipment, they may be able to help! Items are slightly used to new and include walkers, canes, crutches, wheel chairs, shower chairs, commodes and more! These items are available for use free of charge! Contact the church office Monday thru Friday, 9 am to 4 pm. (315) 458-1481.



*In Support of the Cicero
Senior Center
Tracy M. Cosilmon
Cicero Town Clerk
315-699-8109
clerk@ciceronewyork.net*

RESOURCES AND SERVICES CONTINUED



Meals on Wheels

Those of you that can't make it to the Center for a PEACE lunch, may want to look into the North Area Meals on Wheels. They prepare and deliver 2 well-balanced and nutritious meals a day directly to the elder, disabled, and homebound in the area! The cost of the meals is minimal (\$10/day) and financial assistance may be available for those meeting the required guidelines. They can accommodate most special diets and allergies and meals can be provided on a short or long term basis. With meal service they also provide a most important health and safety check on clients. Call North Area Meals on Wheels at 315-452-1402 for more information.

Cicero Town Hall Phone Numbers

Cicero Town Hall
8236 Brewerton Rd.
Cicero, NY 13039
315-752-1180



Assessor's Office	Ext 500
Comptroller's Office	Ext 506
Town Clerk/Dog Control	Ext 501
Court	Ext 804
Receiver of Taxes	Ext 503
Supervisor	Ext 505
Zoning/Code Enforcement	Ext 504
Parks & Recreation	315-699-5233
Senior Center	315-452-3298
Teen Center	315-699-1391
Police Department	315-699-3677
Highway Department	315-699-2745



We are a community oriented police department dedicated to the citizens who live and work in our community.

We offer the following services;

- Property and business checks
- Prescription drug & sharps disposal program
- Community education (active shooter, senior citizen safety/security)
- Senior Partnership program
- Volunteer in Police Services (become a volunteer!)

Visit us at www.ciceropd.us
or call 315-699-3677

for questions or more information

If anyone you don't personally know asks you to use a money wiring service to send cash to them, Stop and think, "Is this a scam?"

Because it usually is!

Before sending money, call the Cicero Police Department

CNY Senior Information Expo

Free

May 21, 2026
9am - 12pm

CNY Regional Market, F - Shed
2100 Park Street, Syracuse

Presented by:



Coordinated by:



Enjoy the games and music while you plan your next adventure in living, discover how to stay in your home as long as possible, or find programs and services you didn't even know you wanted.

Entertainment:



Stage Sponsor:



Media Sponsor:



Easy free parking, door prizes, and giveaways...

Town of Cicero
Senior Center
5924 Lathrop Dr.
Cicero, NY 13039

Returned Services Requested

Presort STD
US Postage Paid
Permit #235
Syracuse, NY

Dated Material Do Not Delay



April
May
June
2026