

**Sign ups begin
10:00 am
January 5th**

5924 Lathrop Dr.
Cicero, NY 13039
Tel: 315-452-3298
cicero.recdesk.com
ARyan@CiceroNY.Gov

Center Staff

Alexandra Ryan
Nancy Noble
Alice Brown

Center Hours

10:00 am—4:00 pm

Center Closings

January 1st-New Years Day
January 15th-Martin Luther King
February 19th-Presidents' Day
March 29th-Good Friday

Youth Bureau, Parks & Recreation Staff

Teresa Roth, Director
Linda Adams
Jessica Soulier

CanTeen Staff

Wesley Sweetman
Kiera McShane
Tori Dwyer
Pamela

Park Staff

Bill Alley
Bill Lawrence
Mike Hogan
Jacob Bourdage
Kyle Ellis

CanTeen Pasta Dinner

The semi-annual fundraising dinner will be a little different this time. The pasta dinner will be served at a location to be determined by the Friends of the CanTeen and sponsored by Town Supervisor Mike Aregano. Please continue to support this event while enjoying a great pasta dinner with friends. And don't forget the ever popular dessert raffle! **Take out and eat in available!**

Date: Saturday, March 9th

Time: 3:30 pm - 6:30 pm

Cost: \$10.00 Advance/\$12.00 At Door/\$8.00 Seniors



New Year Reminders!



With the New Year comes registration updates and non-resident renewals! Please call us and let us know if you no longer wish to receive the newsletter, have moved, go away for a specific newsletter mailing, or if your emergency contact has changed! If you are a non resident and wish to continue to be a member please pay your dues ASAP to continue receiving the newsletter.

Bad Weather Closing

To be informed of the Center closing in the event of a storm, watch for scrolling cancellations or check online with local channels 3, 5, 9 & Spectrum News 10. PEACE meals are cancelled when the Syracuse City School District is closed. If weather is bad, please stay home where you feel safe!



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Parks & Recreation Commission

Lori Lake-Toms, Chairperson
Ruth Beasley, Vice Chairperson
Tracy Blair-Funnell
Jim Corl, Jr
Elaine Davis
Heather Wieland

Town Board

Mike Aregano, Town Supervisor
& Department Liaison
Mike Becallo, Councilor
Mike Mirizio, Councilor
Jonathan Karp, Councilor
Nancy White, Councilor

BIRTHDAY/ANNIVERSARY CELEBRATIONS



Celebrate your birthday during our monthly cake and entertainment!

January 12th, February 9th, and March 15th

If your name is missing, be sure to let us know. Also, let us know if you are celebrating an anniversary that you would like us to announce!



January Birthdays

1st	Betty	Carlisle
1st	Patrice	Haywood
1st	Patricia	Kesselring
2nd	Jackie	See
2nd	Pat	Sematoske
2nd	Carolyn	Smith
3rd	Jean	Acome
3rd	Barbara	Meldrum
3rd	Jean	Pacer
3rd	Christina	Tartaro
4th	Lois	Dorschel
4th	Arlene	Fickett
5th	Juanita	Blaylock
5th	Sally	Huntington
5th	Lillian	Silva
9th	Thomas	Trop
11th	Judy	Massena
12th	James	Barney
12th	Mary Alice	Scheel
13th	Lyn	Atwood
14th	Ellen	Garland
18th	Robert	Woodworth
22nd	Susan	Bottino
23rd	Gary	Burns
24th	Fiorina	Colosi
24th	Reta	Fiacco
24th	Helen	Spooner
26th	Charlotte	Battes
26th	Michael	Biondi
26th	Mary	Boisey
26th	Kenneth	Kotwas
26th	Joseph	O'Neill
27th	Rosanna	Harrington
27th	Carroll	VanTassel
28th	Laura	Griffis
29th	Ronald	Wade
30th	Michael	Ours
30th	Ann	Vogt
31st	Claudia	Brandl
31st	Kathleen	Champlin

February Birthdays

1st	Susan	VanMaarseveen
2nd	Shirley	Gigantelli
2nd	Ernie	Veri
3rd	Patrica	Becken
3rd	Johanne	Wilde
4th	Arlene	Sharpsten
5th	Christine	Blom
7th	Sam	Gendron
7th	Michael	Gilmour
7th	Evelyn	Ginney
7th	Pam	Worlock
8th	Cindy	Kisselstein
8th	Cecilia	Sansone
11th	Jane	Fanning
12th	Anthony	D'Ambrosio
12th	Sandy	Latimer
12th	Josephine	Letendre
13th	Marlene	Basile
13th	Donald	LaMontagne
14th	Kate	Blundell
14th	Georgia	Russell
15th	Lauren	Lalley
15th	Patricia	Petrangelo
16th	Katherine	Lewis
18th	Kenneth	Blechl
18th	Marjorie	Filipkowski
19th	Caroline	Iozzia
21st	Gloria	Byrnes
21st	Ann	Harrell
21st	Donna	LePage
21st	Rich	Nastasi
21st	Arthur	Russell
22nd	Terri	Lohm
22nd	Donna	Snowberger
23rd	Linda	Oswald
23rd	Mike	Zingaro
25th	Carol	Sowell
25th	Jack	Wickham
26th	Elaine	Suskin
28th	Richard	McLaughlin

March Birthdays

1st	Kendra	Brais
1st	Joyce	Morrison
1st	Russell	Rhea
1st	Kathy	Wadsworth
2nd	Linda	Latham
2nd	Joyce	Parkhurst
3rd	Al	Capria
3rd	Carl	Falter
3rd	Joanne	Heim
3rd	Kim	Martin
4th	Carol	Rose
5th	Patricia	Gonzales
5th	Patricia	Laclair
6th	Kolan	Bisbee
6th	Kathy	Osborn
7th	Susan	Kelley
7th	Anne	Pierce
7th	Paul	VanAlmelo
8th	Donna	D'Ambrosio
8th	Cindy	Hind
9th	Ida	VanDeWalker
10th	Denise	Bliss
11th	Gerald	Volz
12th	Diane	Biondi
12th	Lucille	Taranto
13th	Sandra	Poplawski
14th	Linda	Fiumara
14th	Kathleen	Harte
14th	Jack	Martin
14th	Margaret	Taylor
16th	David	Brassard
16th	Robert	Ours
17th	Kathleen	Dapson
17th	Marguerite	Mcauliffe
17th	Earnest	Specioso
18th	Pauline	Fortier
18th	Dale	Parker
20th	Joanne	Rachetta
21st	Dorothi	Cacciola
22nd	Cheryl	Garofalo
22nd	Sally	Sanfilippo

SENIOR MOMENTS

March Birthdays *CONTINUED*



23rd	Dennis	Casey
23rd	Bill	Merritt
23rd	Gail	Sluzar
23rd	Lola	Zarins
24th	Andrew	Fiacco
24th	Karl	Wirt
25th	Elise	LaValle
26th	Dorothy	Seeland
26th	Dolores	Terino
27th	Richard	Wheeler
28th	Jenny	Hammond
28th	Kathy	Schafer
28th	Shirley	Sherwin
28th	Barb	Volz
28th	Barbara	Woodworth
29th	Laura	An
29th	Gifford	Gail
29th	Pat	Washo
30th	Claire	Cary



If you see a new face at the Center, please be sure to introduce yourself and extend a friendly **"Young At Heart"** welcome!

Our newest members are:

Dee Baker, Gretchen Bova, Delores Chuff, Karen Bready, Dorothy Capria, Lynda Loucks, Kathleen Reed-Buck, Sharon Seymour, Donna Kinnetz, Karen Putt, Patricia Cancredi, Donna Littleboy, Anne and John Ruggeri, Janet and Phil Reitz, Wilson Sithole, Rosann and Steven Leyden, Kathleen Dapson, David Gosek, Stephen Dudley, James Willard and Linda O'Connor.



INFORMATIVE PRESENTATION

Onondaga County Office of Aging

The Onondaga County Office for Aging is one of 59 Area Agencies on Aging in New York State and is part of the national aging network. Their aim is to be a focal point for information, advocacy, and coordination of eldercare services. Some of their services include Caregiver Services, Community Services, Energy Programs, Health Insurance, Home Care, Expanded In-Home Services for the Elderly Program (EISEP), Nutrition Services, NY Connects, and Long Term Care Services

Come to the center to hear about what services Onondaga County Office of Aging has to offer!

Date: Monday, January 22nd

Time: 11:00 am

Cost: FREE



IMPORTANT REGISTRATION AND PAYMENT INFORMATION

Early registration and payment are necessary to ensure the success of a trip. Registration and payment information will be listed with each trip outline. Early registration and prompt payment helps us to plan and fulfill down payment obligations. **Registration for programs and trips will not be accepted without payment.**

If you don't have payment with you, you can put your name on the wait list. Trip payments are non-refundable unless we can fill your spot. If a sufficient number of participants have not registered by the deadline, the trip may be cancelled.

Out to Lunch with Nancy

Always wanted to try a new restaurant but never knew what to order or who to go with you?! Now is the time!

Lunch and transportation will be on your own, but we ask that you sign up at the center so reservations can be made with the restaurant ahead of time!

Rancho Viejo Mexican

5909 NY-31, Cicero, NY 13039

Date: Wednesday, January 24th

Time: Meet there @ 11:30 am

Cost: On your own

Flaming Grill Chinese Buffet

244 Northern Lights Plaza, Syracuse, NY 13212
(northern Lights shopping center)

Date: Wednesday, February 28th

Time: Meet there @ 11:30 am

Cost: On your own

The Euclid

4285 NY-31, Clay, NY 13041

Date: Wednesday, March 27th

Time: Meet there @ 11:30 am

Cost: On your own

Movie Tavern

Movies are not listed yet but put your name on interest list so we may contact you with details as we have them.

Date: March TBD

Time: Depart Center @ TBD

Cost: TBD



Afternoon Tea & Mystery



Let us enjoy afternoon tea at Sugar Rush Boutique in Camillus. Tea will include an assortment of tea sandwiches. Scones with Devonshire cream and

strawberry preserves. An array of petite desserts and a pot of tea (2 cup) for each. Each table will also be given a case file with a murder to solve. Evidence and clues will be provided.

Date: Wednesday, January 10th

Time: Depart Center @ 11:30 am

Cost: \$40.00 (All Inclusive)

EARLY BIRD BINGO @ Turning Stone

We will fight the cold by staying warm playing some games at the Turning Stone Casino.



The plan would be for those who choose to play some Early Bird Bingo. It begins at 10:15. A mini session starts at 11:15. Maybe Lunch at noon. Leave by 2. For those who are not interested in the bingo...Test your luck on the gaming floor.

Date: Thursday, February 8th

Time: Depart Center @ 9:00 am

Cost: \$11.00 (Transportation)

TRAVEL NEWS *CONTINUED*



CICERO SENIOR CENTER PRESENTS: “SPOTLIGHT ON SOUTH DAKOTA”

Discover the spirit of the American West and come to know the legends of the past. Discover the stories of the Lakota and Sioux through a Native American chronicler. See Crazy Horse Memorial, the world's largest mountain sculpture still in progress. Visit iconic Mt. Rushmore. Journey through the natural beauty of Badlands National Park and stop to browse at Wall Drug. Explore historic Deadwood, the former home of Wild Bill Hickok and Calamity Jane. Choose how you delve into the local history, with a tour of the Adams Museum in Deadwood or at the exhibit *Tatanka: Story of the Bison*. Travel the backcountry of Custer State Park on a Jeep safari. Marvel at Devils Tower, the country's first National Monument. Rapid City is your gateway into wild landscapes and historical landmarks!



For full trip details, visit: gateway.gocollette.com/link/1199045

TRAVEL WITH US!
JUNE 7 – 13, 2024

DOUBLE \$3,299
SINGLE \$3,899

HOMETOWN PICKUP,
FLIGHTS FROM
SYRACUSE AND
TOUR INCLUDED!

DON'T DELAY! MAKE
2024 YOUR YEAR TO
TRAVEL!

FOR MORE
INFORMATION
CONTACT:

Alex Ryan

(315) 452-3298
aryan@cicerony.gov

CENTER HAPPENINGS

Ongoing Activities at the Center

Exercise: Mondays & Thursdays **9:00 am-10:00 am**

Pitch/Bunco: Rotating Mondays at **1:00 pm**

Yoga: Tuesdays at **9:00 am – 10:00 am**

Trivia: Tuesdays at **1:00 pm**

Game Day: Tuesdays at **2:00 pm**

Movie: Every-other Wednesday at **10:00 am**

Mahjong: Wednesdays at **1:00 pm**

Knitting/Crocheting: Thursdays at **1:00 pm**

Art: Every-other Thursday at **1:00 pm**

Bridge/Phase 10: Thursdays at **1:00 pm**

Bingo: Fridays at **1:00 pm**

Billiards: Monday thru Friday **10:00 am- 4:00 pm**



PEACE Luncheons

Congregate meals are Mondays, Tuesdays and Fridays at noon. Pick up is still available for those that want it between 11:30 am and noon at the kitchen door in the rear of the building. Suggested donation of **\$3.50** (or whatever you can afford) . Must sign up ahead of time!

Bunco and Trivia

Bunco and Trivia rotate every other Monday. Start your week out with some tournament-style bunco or team trivia.



Day: Rotating Mondays

Time: 1:00 pm

Cost: \$3.00 Bunco, Trivia FREE



Pitch

Come join us for an afternoon of trick taking card fun! This is played tournament style, no need for a partner as you will draw randomly for one!

Day: Every Tuesday

Time: 1:00 pm

Cost: \$3.00



Lunch and Movie

Join us these Wednesdays to watch a newly released movie. Join us after the movie for order out lunch!

Dates: Wed, January 3rd and 17th

Wed, February 7th and 21st

Wed, March 6th and 20th

Time: 10:00 am movie, Lunch to follow

Cost: \$9.00 (Lunch), Movie-FREE



Mahjong

Mahjong is a tile-based game of skill, strategy, calculation and chance. Come observe and learn!



Day: Wednesdays

Time: 1:00 pm

Cost: FREE

Phase 10

Phase 10 is the Rummy-type card game with a twist! Be the first player to complete 10 varied phases.

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Bridge

Come play this team trick taking game . Partners are not needed but tables of 4 are required, so call to save your spot.



Day: 2nd and 4th Thursday

Time: 1:00 pm

BRIDGE Cost: FREE

Knitting/Crocheting

All levels welcome! Enjoy the company of others in this social knitting group!

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Bingo

Play 11 games with prize money determined by what we bring in!



Day: Fridays

Time: 1:00 pm

Cost: 50¢ per card

Billiards Room

The billiard room is open for daily use with 2 tables and many cue sticks available for use.

Days: Monday thru Friday

Hours: 10:00 am to 4:00 pm

Cost: FREE



CENTER HAPPENINGS CONTINUED

Entertainment & Birthday Celebrations

Sentimental Serenade



Our favorite performers are back!! will be visiting the center to spread some New Years Cheer! Come join us for an entertaining afternoon! Entertainment to start

at 1:00 pm, after the PEACE meal. We will also celebrate all those who were born in January with cupcakes and play a short game of bingo!!

Date: Friday, January 12th

Time: 12:00 pm Lunch

12:30 pm Birthday Social

1:00 pm Entertainment

2:15 Bingo

Cost: \$3.50 PEACE Lunch

Cupcake & Entertainment FREE

Winter Break Entertainment With "The Puma's"

Beat the winter blues with some musical entertainment!! Come ahead of time for a PEACE lunch followed by cake to celebrate birthdays!

Date: Friday, February 9th

Time: 12:00 pm Lunch

12:30 pm Birthday Social

1:00 pm Entertainment

2:15 Bingo

Cost: \$3.50 PEACE Lunch

Cupcake & Entertainment FREE



Irish Dancers



Everyone is Irish on St. Patrick's Day so dust off your dance shoes and kilts and join us for some shenanigans! Kids from Francis Academy will be in to preform Irish dances for us!

(Time and Date TBA)

Date: Thursday, March 14th

OR Friday, March 15th

Time: ??? Entertainment

12:00 pm Lunch

12:30 pm Birthday Social

??? Bingo

Cost: \$3.50 PEACE Lunch

Cupcake & Entertainment FREE

Meals Hosted by the Center

Happy New Year Dish To Pass



It's a Holiday Potluck! Come One, Come All! Bring your favorite seasonal dish, some New Year cheer, and a healthy appetite!

Date: Friday, January 5th

Time: 12:00 pm

Cost: Your Dish

Soup and Pulled pork

Did you know January is National soup and crockpot month?! Let's celebrate with slow cooked pulled pork and delicious soup!

Date: Thursday, January 18th

Time: 12:00 pm

Cost: \$10.00



Casino Day



Come play some casino style games with us! After, enjoy a catered lunch with good company!

Date: Wednesday, January 31st

Time: 10:30 am

Cost: \$10.00 (Lunch included)

Annual Fish Fry

Come to the center on Ash Wednesday to "break bread" with your friends. We will be serving fried fish and homemade sides!

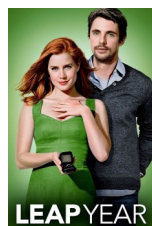


Date: Wednesday, February 14th

Time: 12:00 pm

Cost: \$10.00

Leap Day



Come to the center on Leap Day and celebrate the extra day with the movie "Leap Year" and lunch!

Date: Thursday, February 29th

Time: 10:15 am Movie

12:00 pm Lunch

Cost: \$10.00

CENTER HAPPENINGS CONTINUED

Meals Hosted by the Center

Irish Luncheon



Let us celebrate St. Patrick's day with a traditional Irish meal!

Date: Thursday, March 14th

Time: 12:00 pm

Cost: \$10.00

Easter Brunch

It's almost Easter and we'd love to see you! Come enjoy a spread of brunch foods with friends before the long weekend!

Date: Thursday, March 28th

Time: 11:00 am

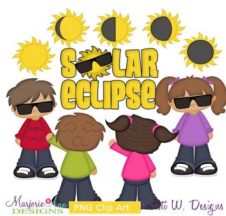
Cost: \$8.00



****Save the Date****

Solar Eclipse Watch Party and Dish to Pass

A total solar eclipse will take place at the Moon's ascending node on Monday, April 8, 2024, visible across North America and dubbed the Great North American Eclipse by some of the media! In the Cicero area the partial phase is expected to start around 2:09 pm and Total eclipse around 3:22 pm. Totality is estimated to last just over 2 minutes in our area!



Let's come together to watch this once in a lifetime experience! We will host a dish to pass followed by some trivia and games as we wait for the natural phenomenon to occur!!

Date: Monday, April 8th

Time: 12:00 pm Lunch

Cost: Your Dish



Fitness Programs

Strength and Balance w/ Michele



Michele offers a low impact aerobics and strength class on Mondays and a core and balance class on Thursdays! and You can choose to stand or sit to your personal preference.

Days: Mondays and Thursdays

Time: 9:00 am - 10:00 am

Cost: \$40.00 for 3 months of classes

Yoga with Joan

A weekly yoga class. Depending on your comfort level, you can choose to be in a chair or on the floor.

Day: Tuesdays

Time: 9:00 am - 10:00 am

Cost: \$35.00 for 3 month of classes



***\$10 Discount if you take both**

FOREVER YOUNG CLUB

The Forever Young Club is a group of fun-loving ladies that meet every month. There is an additional membership fee of \$25 to join which goes towards the annual Christmas Party!

Annual Meeting & Lunch

Enjoy a catered lunch as we kick off our annual meeting to discuss what everyone would like to do this year! *Membership Due*

Date: Thursday, January 25th

Time: 11:00 pm

Cost: \$10.00 lunch, \$25.00 Dues

February Event TBD

During our meeting we will decide what we would like to do this month!

Date: Thursday, February 22nd

Time: TBD

Cost: TBD

March Event TBD

During our meeting we will decide what we would like to do this month!

Date: Thursday, March 21st

Time: TBD

Cost: TBD

Looking Back at 2023....

1. Which European country with a population similar in size to Uruguay will adopt the euro as its currency in 2023?
2. Now kept in Edinburgh Castle, which stone is to be used for the coronation of Charles III at Westminster Abbey?
3. The coronation has been planned for years using which code name?
4. In which city is the Eurovision Song Contest 2023 to be held? And in which city was it held previously?
5. Officially opened by Her Majesty the Queen in 1973, October 20th sees the 50th anniversary of which iconic building?
6. April 2023 marks the 10th anniversary of whose funeral at St Paul's Cathedral?
7. The 2023 Rugby World Cup will be taking place in which country? And which country were reigning world champions?
8. Which country is projected to surpass China in 2023 to become the world's most populous country?
9. Which two countries will host the 2023 FIFA Women's World Cup?
10. Which month in 2023 marks a whole year since Russia invaded Ukraine?
11. Black History Month 2023 in the United Kingdom will be in which month?
12. What takes place from 21 to 25 June in the UK?
13. Which company will be celebrating its 100th anniversary in 2023 which all began with a 21-year old man moving to Hollywood in July 1923?
14. Amazon Prime Video will release a second season of Clarkson's Farm in early 2023. What is the name of this farm?
15. December 16, 2023, is the 250th anniversary of which historic event?
16. Tata Consultancy Services will be sponsoring what on the 23 April
17. What is the title of the memoir by Prince Harry which has a publication date of January 2023?
18. Which celebration of arts and culture takes place over three weeks from 4 - 28 August 2023?
19. Which charity event held annually in the UK on the first Thursday in March gives every child in the UK a voucher?
20. The fourth installment of which film series hits cinemas in 2023 after a two-year delay caused by COVID-19?



Answers

- 1.Croatia 2.The Stone of Scone, also known as the Stone of Destiny 3.Operation Golden Orb 4.Liverpool. Turin (Italy) 5.The Sydney Opera House 6.Margaret Thatcher 7.France will be hosts. South Africa the previous winners. 8.India 9.Australia and New Zealand 10.February 11.October 12.Glastonbury 13.Disney 14.Diddy Squat Farm 15.Boston Tea Party 16.London Marathon 17.Spare 18.Edinburgh Festival Fringe 19.World Book Day 20.John Wick (John Wick: Chapter 4)

Cicero Parks and Rec Programs



WINTER PROGRAMS



CICERO YOUTH BUREAU PARKS & RECREATION

WINTER 2023-2024



SNOWMOBILE RIDES 4 SPECIAL NEEDS

The Annual Snowmobile Rides 4 Families with Special Needs Children is coming to Cicero! The Cicero Youth Bureau, Parks & Recreation in conjunction with Rob Bick and the South Bay Fire Department, will be hosting our 3rd Annual Snowmobile ride, FREE for families/children with special needs. A parent or guardian must be present.

Please note: you only need to register one person in the family. You will be asked the total # of attendees from your family a little later in the registration process.

DISCOUNTED SNOWTUBING TICKETS TO FOUR SEASONS

Ages: 4 to adult
December 29 (5-8 PM) ,
Feb 20 (11AM to 1:00 PM)
Feb 23 (11AM to 1:00 PM)
Fee: \$24 per person
Location: Four Seasons Ski and Golf, Fayetteville
Note: Tickets are date specific



CICERO.RECDESK.COM



PICK UP VOLLEYBALL

Ages: 16 and older
Dates: Fridays, Jan 12th-March 15
Time: 6-9 PM
Location: MACC/7775 Meltzer Court, Cicero



Registration is suggested but not required.
\$10/cash is due at the door each Friday
Walk-ins welcome!!

HIP HOP

Ages: 6-12
Dates: Jan 24-March 6
Time: 6:30-7:00 PM
Location: Cicero Senior Center
Fee: \$80 Residents | \$90 NR

BEGINNER BALLET

Ages: 3-6
Dates: Jan 24-March 6
Time: 6:00-6:20
Location: Cicero Senior Center
Fee: \$80 Residents | \$90 NR



FUTURE STARS BASKETBALL

Grade: 1st and 2nd grade
Dates: Thursdays, Feb 29-Apr 18
Time: 6:30-7:30 PM
Fee: \$80 Residents | \$90 NR
Location: Smith Road Elementary
This program fills quickly



ZUMBA WITH KAT

Ages: 15 to adult
Dates: Wednesdays, Apr 9-May 7
Time: 6:00-7:00 PM
Fee: \$50 Residents | \$60 NR
Location: Smith Road Elementary

*coming
this spring*

CENTER INFORMATION

Join the Cicero Senior Center

Membership is free to Town of Cicero residents that have reached the age of 55. Seniors living outside of the town must pay a low annual membership fee of \$30.00 per individual, or \$45.00 for a couple! (*This eliminates an additional charge to non-residents for trips and events.*) Fill out one of our registration forms to get on the quarterly newsletter mailing list. All trips are offered to members first. Events and celebrations at the Center are for members only. Occasionally, guests can attend events with prior approval from the Center Coordinator as space is limited.

Steering Committee

The Steering Committee meets monthly to keep our Center running smoothly. If you have any ideas, suggestions, or concerns, please feel free to attend our next meeting. Meetings are scheduled for 10:30 am on the third Tuesday morning of each month.

Members: Elaine Bisbee, Claire Cary, Elaine Davis (Parks and Rec Commission Liaison), Jan Fulkerson, Carolyn Gearty, Carrie Hendrix, Toni Mundstock, Rose Parry, Mary Alice Scheel, and Lydia O'Connor (North Syracuse Central School District Board of Education Liaison).

Path of Love

This program is an opportunity to make a donation to the Senior Center by purchasing an engraved brick to be placed in a path entering our gazebo. This is a lovely way to pay tribute to family members or to leave a message for future generations. To place your order for a brick, simply call the Center at 315-452-3298 or stop by the Center. Cost per brick is \$50.00.

Cicero Express - Bus Information

The Cicero Express will pick up Town of Cicero residents on Mondays and Fridays. Everyone agrees this is a great asset to our Town residents and a transportation bargain at \$3.00 per person. If you need a ride please reserve your seat at least one day in advance by contacting the Center at 315-452-3298. Always check with the Senior Center for schedule changes. The bus run may be cancelled if we do not have enough riders on any given day.

***Restart of this service is yet to be determined**



Bad Weather Closing

To be informed of the Center closing in the event of a storm, watch for scrolling cancellations or check online with local channels 3, 5, 9 & Spectrum News 10. PEACE meals are cancelled when the Syracuse City School District is closed. If weather is bad, please stay home where you feel safe.

Informative Presentations

We often hold presentations on topics such as VA benefits, Elder Law, Reverse Mortgages, Elder Abuse, Defensive Driving and Medicaid/Medicare. Have ideas of other topics you would like to know more about? Let us know. Call the center or look for flyers of upcoming topics of discussion.

Medical Forms

Have you updated your medical form lately? A staff member can assist you in updating your information anytime. It is very important that these forms are kept current. We care about your health and safety. Don't forget to inform us of your change of address.

E-Mail or US Mail?

We are e-mailing the quarterly newsletter to those preferring to eliminate some of the paper in their lives. Another great advantage of e-mail is the ability to receive our newsletter when you're out of town so you won't miss out on upcoming events and trips. If you are leaving town for an extended period, please notify us. Newsletters are not forwarded by the U.S. Postal Service, and we are charged for each piece returned to us. Our mailings take place in March, June, September and December. If your newsletter is returned to us more than once, we will take you off our mailing list. However, you can always drop-in and pick up a newsletter.

RESOURCES AND SERVICES



**Onondaga County
Office for Aging**
315-435-2362
www.ongov.net/aging

The Onondaga County Office for Aging is one of 59 Area Agencies on Aging in New York State and is part of the national aging network. Their aim is to be a focal point for information, advocacy, and coordination of eldercare services. Some of their services are listed below.

Caregiver Services - Provides respite programming, information and assistance, and support and discussion groups. It also offers the "Institute for Caregivers" – classes for current and future caregivers that inform on relevant topics.

Community Services - Provides information and referrals related to home repairs, legal services, senior center activities, health promotion initiatives, transportation options and shopping services. It also includes the Neighborhood Advisor Program.

Energy Programs - The Home Energy Assistance Program (HEAP) offers heating and cooling assistance to income eligible seniors.

Health Insurance - The Health Insurance Information, Counseling & Assistance Program (HIICAP) offers free and unbiased information.

Home Care - Expanded In-Home Services for the Elderly Program (EISEP) - A sliding-scale, fee-based program that provides non-medical home care for frail individuals. It also includes case management and respite care options.

Nutrition Services - Provides nutritious meals and nutrition education through home delivered meals, senior dining sites and nutrition counseling. The unit also manages the annual "Senior Farmers Market Nutrition Program."

NY Connects - Provides information and assistance on long term care services for persons of any age.

Long Term Care Services - Offers medically based home care for children and adults who receive Medicaid.

Neighborhood Advisor Program

If you are 60 years of age or older, you can receive assistance through the Neighborhood Advisor Program. Some available programs are Energy Grants (HEAP), Medicare, Financial Assistance, Medicaid, Health Services, Prescription Drugs, Home Care and Senior Groups. Contact Catholic Charities directly at (315)454-0168 with any questions.

Legal Aid Society of Mid NY

Legal Aid Society of Mid New York has qualifying programs to help regarding questions on Power of Attorney, Wills, Health Care Proxies, Medicare/Medicaid, Public Assistance or other public benefits. **Call 315-703-6600 to make an appointment and see if you qualify.**

Home Repairs

Project Fix is a small in-home repair service for senior citizens, 60 years and older living in Onondaga County. This is funded through Catholic Charities, NYS Office for Aging and Onondaga County Department of Adult and Long Term Care Services. They can help you with plumbing, electrical and carpentry services. Cost to you is materials and a donation for labor. Call Nancy Roberts at (315)362-7005.

Syracuse Call-A-Bus

Don't forget about this alternative for your transportation needs. Call-A-Bus is a paratransit service providing origin-to-destination trips to eligible people with disabilities who would otherwise use Centro buses if it were not for their disabilities. To determine if you are eligible for Call-A-Bus, you must complete a written application, and it must be signed and verified by a healthcare professional of your choice. This process may take several weeks. To request an application, please contact your local Call-A-Bus office Monday - Friday. 8:00 am - 5:00 pm. Fares range from \$2.00 to \$3.00. Your trip reservationist can tell you the exact rate of your trip at the time you make your reservation.

Contact Information: 315-442-3434

RESOURCES AND SERVICES CONTINUED



Meals on Wheels

Those of you that can't make it to the Center for a PEACE lunch, may want to look into the North Area Meals on Wheels. They prepare and deliver 2 well-balanced and nutritious meals a day directly to the elder, disabled, and homebound in the area! The cost of the meals is minimal (\$10/day) and financial assistance may be available for those meeting the required guidelines. They can accommodate most special diets and allergies and meals can be provided on a short or long term basis. With meal service they also provide a most important health and safety check on clients. Call North Area Meals on Wheels at 315-452-1402 for more information.



We are a community oriented police department dedicated to the citizens who live and work in our community.

We offer the following services;

- Property and business checks
- Prescription drug & sharps disposal program
- Community education (active shooter, senior citizen safety/security)
- Senior Partnership program
- Volunteer in Police Services (become a volunteer!)

Visit us at www.ciceropd.us
or call 315-699-3677

for questions or more information

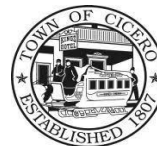
If anyone you don't personally know asks you to use a money wiring service to send cash to them, Stop and think, "Is this a scam?"

Because it usually is!

Before sending money, call the Cicero Police Department

Cicero Town Hall Phone Numbers

Cicero Town Hall
8236 Brewerton Rd.
Cicero, NY 13039
315-752-1180



Assessor's Office	Ext 500
Comptroller's Office	Ext 506
Town Clerk/Dog Control	Ext 501
Court	Ext 804
Receiver of Taxes	Ext 503
Supervisor	Ext 505
Zoning/Code Enforcement	Ext 504
Parks & Recreation	315-699-5233
Senior Center	31-452-3298
Teen Center	315-699-1391
Police Department	315-699-3677
Highway Department	315-699-2745

NOPL Libraries Program

The Northern Onondaga Public Libraries offer a host of fun and fascinating programs throughout the year. All are welcome to enjoy. Programs are free of charge unless otherwise listed. Visit www.nopl or give the library a call to sign up for any of the following programs:

- eBook program
- NOPL Book Discussion Groups
- Arts and Craft Projects
- NOPL knitting group
- Informative Lectures
- Beginning Internet Classes

For Your convenience there are three library branches in our community.

NOPL @ Cicero 699-2032

NOPL @ North Syracuse 458-6184

NOPL @ Brewerton 676-7484





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MEMBER OF ASSEMBLY
127TH ASSEMBLY DISTRICT

ROOM 656 LOB
ALBANY, NEW YORK 12248
TELEPHONE: 518-455-4505
FAX: 518-455-5523

7293 BUCKLEY ROAD, SUITE 201
N. SYRACUSE, NEW YORK 13212
TELEPHONE: 315-452-1115
FAX: 315-452-1119

EMAIL:
STIRPEA@ASSEMBLY.STATE.NY.US



*In Support of the Cicero
Senior Center*
Tracy M. Cosilmon
Cicero Town Clerk
315-699-8109
clerk@ciceronewyork.net



TOWN OF CICERO

Nicole M. Walsh
RECEIVER OF TAXES

8236 Brewerton Road
Cicero, New York 13039

Online Tax Payment at www.ciceronewyork.net

Bus. (315) 699-2756

Fax (315) 699-9562

nwalsh@ciceronewyork.net



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- Library with computer access
- Fitness Center
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Senior Center
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