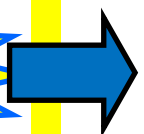


**Sign ups begin
10:30 am
July 3rd**



5924 Lathrop Dr.
Cicero, NY 13039
Tel: 315-452-3298
cicero.recdesk.com
ARyan@CiceroNY.Gov

Center Staff

Alexandra Ryan
Nancy Noble
Margaret Hauenstein

Center Hours

10:00 am—4:00 pm

Center Closings

July 4th-Independence Day
September 4th-Labor Day

Youth Bureau, Parks & Recreation Staff

Teresa Roth, Director
Linda Adams
Jessica Soulier

CanTeen Staff

Amy Crowley
Wesley Sweetman
Kiera McShane

Park Staff

Bill Alley
Bill Lawrence
Mike Hogan
Jacob Bourdage
Kyle Ellis

New day of sign up policy

Doors will be locked until 10:30 am. Upon entering the building you must sign in with your key tag or name on the computer. Have a seat in the main room and someone will call you into the office to sign up for trips and programs based off the order you came in the building. Thank you for your understanding as we try and simplify the sign up process for everyone.

Twinkle Twinkle It's a Baby Sprinkle Dish to Pass

Please join us as we Sprinkle Alex with love before the arrival of her Baby Girl due on August 22nd!! Refreshments and desserts provided, just bring your favorite dish to share!! Enjoy some baby guessing games and then a game of bingo!!

Date: Friday, August 11th

Time: 12:00 pm

Gift Ideas: Outfits, wipes, diapers, infant toys, cloth bibs and gift cards!



Margaret has been a fundamental part of the Cicero Senior Center for the past 9 years, however her heart is calling her home! Please join us as we wish Margaret the best of luck on her move back to Canandaigua, New York. Her last day will be Friday July 28th!

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Parks & Recreation Commission

Lori Lake-Toms, Chairperson
Ruth Beasley, Vice Chairperson
Michael Folsom
Jim Corl, Jr
Elaine Davis
Heather Wieland

Town Board

Mike Aregano, Town Supervisor
& Department Liaison
Mike Becallo, Councilor
Mike Mirizio, Councilor
Jonathan Karp, Councilor
Nancy White, Councilor

BIRTHDAY/ANNIVERSARY CELEBRATIONS



Celebrate your birthday during our monthly cake and entertainment!

July 21st, August 18th, September 8th

If your name is missing, be sure to let us know. Also, let us know if you are celebrating an anniversary that you would like us to announce!



July Birthdays

2nd	Harold	Mundstock
5th	Paula	Beirne
6th	Priscilla	Fuller
6th	Alice	Lipovsky
7th	Helen	Blechl
8th	Pauline	McGrath
8th	Barbara	Navarra
9th	Janice	Becker
11th	Janet	Wiehle-Amond
13th	Carolyn	Powell
14th	Walter	Oberton
14th	Maria	Suppa
15th	Angela	Kritzer
15th	John	Roche
16th	Majorie	Canino
19th	Linda	Proctor
20th	Lee	Hunter
21st	Patricia	Cawley
21st	Dave	Eells
22nd	Judy	Holden
22nd	Ginny	Latz
22nd	Theresa	Pizzuti
23rd	Karen	Byrne
25th	Carrie	Hendrix
25th	Bob	Parkhurst
26th	Pat	Favalo
26th	Carole	Orso
26th	Linda	VanDusen
26th	David	Worlock
29th	Bruce	Blundell
29th	Paul	Chapman
30th	Frances	Harris

August Birthdays

2nd	Ann	Woods
3rd	Paul	Goletsas
3rd	Christine	Wenger
6th	Carol	Davis
6th	Mimi	Hoene
8th	Donna	Cooper
8th	Mary	Ilacqua
8th	Amelia	Nicoletti
8th	Rose	Parry
9th	Bonnie	Trop
9th	Joan	Whiting
11th	Joe	Snyder
12th	Jacques	Battes
12th	Wayne	Chase Sr.
12th	John	Gorman
13th	Judy	Parkhurst
15th	Mary Jane	Szczesniak
16th	Joyce	Mattimore
16th	Edward	Sematoske
17th	Charmaine	Sachett
18th	Gail	Chase
18th	Robert	Kline
19th	Susan	McAllister
20th	Edward	Arseneau
21st	Alpha	Fountain
22nd	Vera	Cavallo
22nd	Keitha	Mazza
24th	Jeanne	Maddox
24th	Mark	Steen
25th	Janice	Fulkerson
26th	Pat	Bragman
27th	Walt	Barber
27th	Alice	Smith
27th	Alice	Smith
28th	Deborah	Denson
28th	Harriet	Gordon
28th	Donna	Tripp
29th	Reba	Spencer
30th	Bret	Guilford
30th	Carole	Parsons
31st	Patricia	Dumais

September Birthdays

1st	Rita	Bunis
1st	Valda	Ours
1st	Mary Jo	Roberge
2nd	Cindy	Conklin
2nd	Kevin	Lynch
3rd	Cheryl	Durgee
3rd	Jean	Sager
3rd	Trudy	Schnurr
3rd	Mary	Tyson
4th	Joyce	Kittle
5th	Suzanne	Ciferni
6th	Deborah	Filosi
6th	Marilyn	Hilt
7th	Beverly	Hurst
8th	Susan	Cass
8th	Kathleen	Kotwas
9th	Mary Jane	Nasarenko
10th	Amy	DiCesare
11th	Jane	Sherman
13th	Ronald	Amyot
13th	Sonia	McAvoy
14th	Murray	Kinnetz
14th	Monika	Loerzel
16th	Garry	Canino
16th	Beatrice	Owens
16th	Jill	Rotella
19th	Susan	Frank
19th	Floyd	Proctor
19th	Kathryn	Snyder
21st	Linda	Pearce
22nd	Ralph	DiCesare
23rd	Samuel	Tassone
24th	Pat	Mercer
24th	Janet	Snyder
25th	Diane	Carrick
25th	Mary	Youngman
27th	Thomas	Mattimore
27th	Shirley	Webb
28th	Carolyn	McFall
28th	Martha	White
29th	Barbara	D'Ambrosio
29th	Jo	Eells
30th	Anna	Garbin



TRAVEL NEWS

IMPORTANT REGISTRATION AND PAYMENT INFORMATION

Early registration and payment are necessary to ensure the success of a trip. Registration and payment information will be listed with each trip outline. Early registration and prompt payment helps us to plan and fulfill down payment obligations. **Registration for programs and trips will not be accepted without payment.**

If you don't have payment with you, you can put your name on the wait list. Trip payments are non-refundable unless we can fill your spot. If a sufficient number of participants have not registered by the deadline, the trip may be cancelled.

New Trip Parking Policy

If you are coming to the Senior Center to attend a trip, we ask that you park in the **North Parking lot** (smaller lot to the left of the building). This will allow ample parking spots to remain for those seniors who are coming to the center for regularly scheduled programs. Thank you for your cooperation!

Cruise Skaneateles



We will first head out for a Lunch Cruise aboard The Judge Ben Wiles on Gorgeous Skaneateles Lake.

Lunch Buffet includes:

chicken salad on croissant, garden salad with balsamic dressing, potato or macaroni salad, deli tray, BBQ beef, chicken and biscuits, vegetarian lasagna, rolls & butter, assorted cookies and drinks. Afterwards we will stop at Sweet Frog for frozen yogurt on the way home and some time for shopping in Camillus.

Date: Wednesday, July 26th

Time: Depart from the Center @ 9:45 am

Cost: \$88 (All inclusive)

A Day in Old Forge



Let the Adirondack Railroad help you discover the beauty of the Adirondacks by transporting you to Old Forge. The Utica-to-Old Forge trip is a truly unique experience! We will be traveling as First Class Passengers enjoying

table seating, with a dedicated passenger car attendant. A northbound continental breakfast, southbound hors d'oeuvres, as well as nonalcoholic beverage service are included with each ticket. Once we arrive at Thendara Station a shuttle is available to bring us into Old Forge where we will have 4.5 hours to walk about the town and enjoy lunch on your own at one of the many restaurants in town. A must see is the Old Forge Hardware Store. If you choose, you can hop on the shuttle to McCauley Mountain and ride the chair lift to enjoy the incredible view of the historic Fulton Chain of Lakes as it stretches to the east with the line of High Peaks rising beyond.

Date: Thursday, July 13th

Time: Depart from Center at 8:00 am

Return to Center approx. 7:30 pm

Cost: \$85.00 (Includes transportation, train ticket, breakfast and appetizer-Lunch on your own)

Oswego Food and History Tour

This 3 hour walking tour will provide you with a history of Oswego while admiring historic structures in town.



You will also enjoy edible samples from privately owned restaurants and businesses. This tour covers approximately 1 mile over 4 blocks of walking with 11 stops in between. Come hungry and wear comfortable shoes!!

Limited to 8 seniors!!

Date: Thursday, August 10th

Time: Depart from the Center @ 1:30 pm

Cost: \$70 (All inclusive)



TRAVEL NEWS CONTINUED

"Beautiful"

Our day begins with a plated lunch at the local gem – THE SPRINGSIDE INN. Following lunch, we will make the short trip over to The REV Theatre Company's historic Merry-Go-Round



Playhouse for a matinee performance of *BEAUTIFUL - THE CAROLE KING MUSICAL*. Beautiful tells the true story of Carole King's meteoric rise to fame as one of the twentieth century's foremost singer-songwriters. Set in the vibrant pop industry of the 1960s and early 1970s, and featuring such unforgettable classics as "You've Got a Friend", "One Fine Day", "So Far Away", "Take Good Care of My Baby", "Up on the Roof", "You've Lost That Lovin' Feeling", "Will You Love Me Tomorrow", and "Natural Woman", this Tony® and Grammy® Award-winning musical phenomenon is filled with the songs you remember — and a story you'll never forget

Date: Tuesday, August 29th

Time: Depart Center @ 11:15 am

Cost: \$97.00 (All Inclusive)

United Methodist Church Caring Support Group Bus Trip to Lancaster Pa, to see "Moses" September 12th-15th 2023

Travel to see this one-of-a-kind show, Moses, at Sight and Sound Theatre!

Trip includes transportation, lodging, tickets to Moses and 2 other local shows, 3 breakfasts, 3 dinners, famous Chalk Talk artist, ice cream factory tour, driver gratuity and much more!

For more information contact

Mary Alice Scheel

At 315-699-7181

Cost is \$785 per double occupancy

\$910 for Single occupancy

Payment needed ASAP

Seven Acres Alpaca Farm



Join us as we experience Seven Acres Alpaca Farm in Phoenix NY. Pet and feed the loving animals who we are told love to have visitors! Enjoy the great outdoors with plenty of places to sit and watch the animals. Shop around

Maddie's Mercantile for lots of beautiful alpaca products. Afterwards we will have lunch at Persimmons Restaurant located in Baldwinsville.

Date: Wednesday, September 13th

When: Depart Center @ 10:00 am

Cost: \$24.00

(Includes transport and tour, lunch on your own)

Turning Stone and Neil Diamond Tribute

Palladin Tour & Travel presents *The Neil Diamond Tribute* Live at the Turning Stone Resort & Casino. Longtime Las Vegas performer and "Legends in Concert" alumni Rob Garrett has become the #1 Neil Diamond Tribute artist with his unparalleled portrayal of this legendary performer. Rob and his portrayal of Neil Diamond has become known as the "King of Diamonds". This show naturally captures the presence, passion, and energy of this iconic performer in all his youthful, "Jazz Singer" glory. Those who have seen this show testify, "you simply can't get any closer."

This show will capture all your favorite Neil Diamond hits such as "Cherry, Cherry", "Cracklin Rosie", "I'm a Believer", "Solitary Man", "Girl You'll Be a Woman Soon", "Coming to America" and the iconic "Sweet Caroline".



***Please bring Turning Stone Rewards card number when signing up for this trip!**

Date: Thursday, September 21st

Time: Depart Center @ 10:00 am

Cost: \$63.00 (Includes transportation, \$25 Slots & \$5 Food Vouchers & Show Ticket)

CENTER HAPPENINGS

Ongoing Activities at the Center

Exercise: Mondays & Thursdays 9:00 am-10:00 am

Bunco/Trivia: Rotating Mondays at 1:00 pm

Yoga: Tuesdays 9:00 am – 10:00 am

Pitch: Tuesdays at 1:00 pm

Game Day: Tuesdays at 2:00 pm

Movie: Every-other Wednesday at 10:00 am

Mahjong: Wednesdays at 1:00 pm

Knitting/Crocheting: Thursdays at 1:00 pm

Art: Every-other Thursday at 1:00 pm

Bridge/Phase 10: Thursdays at 1:00 pm

Bingo: Fridays at 1:00 pm

Billiards: Monday thru Friday 10:00 am- 4:00 pm

PEACE Luncheons

Congregate meals are **Mondays, Tuesdays and Fridays at noon**. Pick up is still available for those that want it between 11:30 am and noon at the kitchen door in the rear of the building. Suggested donation of **\$3.50** (or whatever you can afford) . Must sign up ahead of time!

Bunco and Trivia

Bunco and Trivia rotate every other Monday. Start your week out with some tournament-style bunco or team trivia.

***NOTE TRIVA IS NOW MONDAYS**



Day: Rotating Mondays

Time: 1:00 pm

Cost: \$3.00 Bunco, Trivia FREE



Pitch

Come join us for an afternoon of trick taking card fun! This is played tournament style, no need for a partner as you will draw randomly for one!

***NOTE PITCH IS NOW TUESDAYS**

Day: Every Tuesday

Time: 1:00 pm

Cost: \$3.00



Lunch and Movie

Join us these Wednesdays to watch a newly released movie. Join us after the movie for pizza & wings!

Dates: Wed, July 5th & 19th

Wed, August 2nd & 16th

Wed, September 6th & 20th

Time: 10:00 am movie, Lunch to follow

Cost: \$8.00 (Lunch), Movie-FREE



Mahjong

Mahjong is a tile-based game of skill, strategy, calculation and chance. Come observe and learn!



Day: Wednesdays

Time: 1:00 pm

Cost: FREE

Phase 10

Phase 10 is the Rummy-type card game with a twist! Be the first player to complete 10 varied phases.

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Bridge

Come play this team trick taking game . Partners are not needed but tables of 4 are required, so call to save your spot.



Day: Thursdays

Time: 1:00 pm

Cost: FREE

Knitting/Crocheting

All levels welcome! Enjoy the company of others in this social knitting group!

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Bingo

Play 11 games with prize money determined by what we bring in!



Day: Fridays

Time: 1:00 pm

Cost: 50¢ per card

Billiards Room

The billiard room is open for daily use with 2 tables and many que sticks available for use.

Days: Monday thru Friday

Hours: 10:00 am to 4:00 pm

Cost: FREE



CENTER HAPPENINGS CONTINUED

Entertainment & Birthday Celebrations

PEACE Chicken BBQ Lunch @ Skyway Park Followed by Entertainment with "Live Wire"

Join us for a BBQ lunch provided by PEACE. On the menu is BBQ chicken, baked beans, tomato cucumber salad, watermelon and lemonade! Then let us celebrate all those who have birthdays in July with cupcakes! Afterwards enjoy entertainment with "" at 1:00 pm!



Day: Friday, July 2st (Sign up by 7/14)

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE BBQ Cupcakes & Entertainment FREE

Name That Tune w/ Geoff Clough

Come participate in the iconic music guessing game, "Name That Tune!" Enjoy a Peace lunch and celebrate birthdays beforehand. Short Game of Bingo to follow entertainment.

NAME THAT TUNE
Date: Friday, August 18th
Time: 12:00 pm PEACE Lunch
12:30 pm Birthday Social
1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal Cupcakes & Entertainment FREE

Entertainment with "Rock Shadows"

Come early for PEACE Luncheon at noon, then celebrate all those who have birthdays in September with cupcakes! Afterwards enjoy entertainment, followed by a short game of bingo!!

Day: Friday, September 8th

Time: 12:00 pm Lunch

12:30 pm Birthday Social

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal Cupcakes & Entertainment FREE



Meals Hosted by the Center

"Dog Days of Summer" Cookout



The Dog Days of Summer fall between July 3rd and August 11th each year. These punishingly hot summer days actually get their name from an ancient belief about the

brightest star in the sky contributing to the weather—not from dogs' tendency to laze around in the heat. Wear your beach gear and enjoy a hot dog cookout with all the fixings!

Date: Thursday, July 27th

-Sign up by Monday July 24th

Time: 12:00 pm

Cost: \$8.00

Ice Cream Sundae Luncheon

I scream, you scream! We all scream for ice cream! Come enjoy a light lunch followed by a make your own ice cream sundae bar with all the fixings!!



Date: Thursday, August 24th

-Sign up by Monday August 21st

Time: 12:00 pm

Cost: \$8.00

Pizza Party!

Let's celebrate the upcoming holiday of Labor day with a pizza party! We hope to have pizza, wings, salad and dessert! Afterwards we will play bingo!



There is no PEACE Meal this day!

Date: Friday, September 2nd

-Sign up by Monday Aug. 28th

Time: 12:00 pm

Cost: \$8.00

Autumn Solstice Lunch

Come help us greet the autumn equinox with some homemade comfort food! Come enjoy great company and some tastes of fall!



Date: Thursday, September 28th

-Sign up by Monday September 25th

Time: 12:00 pm

Cost: \$8.00

CENTER HAPPENINGS CONTINUED

"Art in the Afternoon"

Sunflower Bandana Wreath

Brighten up your door with this beautiful summer time wreath. What fun you will have making this wreath for your door. Come Join us!



Date: Thursday, July 20th

Sign up by Thursday, July 13th

Time: 1:00 pm

Cost: \$10.00

Japanese Herbarium Bottle



These are easy to create and make a wonderful decor statement in your home. These pretty dried flowers in oil specimens are also great for gift giving and a nice way to display your floral collection.

Date: Thursday, August 17th

Sign up by Thursday, August 10th

Time: 1:00 pm

Cost: \$6.00

Unfinished Wood Projects

Pick out something from the Wood Pile! We have loads of unfinished wooden crafts. There are picture frames, shadow boxes, a bird houses and more! Decorate how ever you wish with what we have in the craft closet!



Date: Thursday, September 14th

Time: 1:00 pm

Cost: FREE



If you see a new face at the Center, please be sure to introduce yourself and extend a friendly

"Young At Heart" welcome!

Our newest members are:

Susan Cass, Jill Rotella, June Stevenson, Ginny Latz, Jacquie Miller, Kathy Chomplin, Dorothy Sperato, Marilyn Hilt, Charlotte Dlugolenski, Margaret Witkop, Rose Iozzia, Caroline Iozzia, Anthony Ganzalez, Janet Wiehle-Amond, Jackie See, Bret Guilford, Earnest Specioso, Mary Pelton, Beverly Thomson, Chele Stripe, and Minnie Jordan.

Fitness Programs

Aerobics with Michele

A low impact aerobics class twice a week. You can choose to stand or sit to your personal preference.



Day: Mondays and Thursdays

Time: 9:00 am - 10:00 am

Cost \$40.00 for 3 months of classes

Yoga with Joan/Michele

A weekly yoga class. Depending on your comfort level, you can choose to be in a chair or on the floor.

Day: Tuesdays Starting September 12th
(No classes July or August)

Time: 9:00 am - 10:00 am

Cost \$10.00 for 1 month of classes



Back to School Supply Drive



InterFaith Works is looking for donations of school supplies for children in the area. We will collect now through September. Drop supplies off right here at the Senior Center in the big brown box in the main room!

Some ideas of supplies needed are;

- 1" 3 ring binders
- Composition Notebooks
- Highlighters
- Pencils
- Blue or Black pens
- Assorted colored folders
- Pencil Cases
- Back Packs (k-12)
- Glue Sticks
- Scissors
- Dry Erase Markers
- Loose Leaf Paper

"InterFaith Works affirms the dignity of each person and every faith tradition, builds racial and religious equity, and creates bridges of understanding among us."



FOREVER YOUNG CLUB

AROUND TOWN

The Forever Young Club is a group of fun-loving ladies that meet every month for celebrations, trips, special luncheons, etc. There is an additional membership fee of \$25 to join this group.

Vernon Downs Horse Races

Let's head back to Vernon Downs for Horse Races and Games!



Tentative Schedule:

Depart Center at 11:00 am

12:00 pm Light lunch (Soup and sandwich)

1:00-2:30 pm Fun games with Alex or Casino

2:30 pm Casino Time or County Kitchen

3:30 pm Pick up at Casino to go to Track

4:00 pm Races Begin

6:00 pm Dinner at the race track

7:00 pm (Approx.) Head back to Cicero

Date: Friday, July 7th

Time: Depart Center at 11:00 am—approx. 8:00 pm

Cost: \$55.00 (All inclusive except your own slot \$)

Camillus Erie Canal Boat Tour

First we will head to the Brasserie Bar and Bistro, a informal European flair restaurant serving simple hearty food. Then we will head to the Camillus Erie Canal Park where will board a boat for a tour



through the canal and over the aqueduct. Afterwards there will be time to visit the Sims Store Museum and the Steam Engine Exhibit.

Date: Thursday, August 3rd

Time: Depart Center at 11:30 am

Cost: \$20.00 (Includes transportation and boat tour, lunch on your own)

Games and Lunch Out

Start your day at the Center for fun games of Penny Pitch and Left, Right, Center. Bring \$2.00 in quarters to play along! Afterwards head to Coppertop Tavern to enjoy lunch and each others company!!



Date: Thursday, September 7th

Time: Meet @ Center at 10:30 am

Cost: Bring \$2.00 in quarters for games
Lunch on your own

To sign-up for these program go to www.cicero.recdesk.com/community/program, grab a registration form from the senior center or visit Cicero Parks and Recreation's new office at Joseph F William Park!

SUNSET YOGA

Yoga+Lake+Sunset=CALM

9 weeks of guided movement. Pick your dates. Only pay for the dates you select with our new flex schedule!

Starts May 22 and ends Aug 7

7:00-8:00PM

Ages: 18 and older

Fee: \$10 per session

Location: William Park, Cicero



PROCEEDS TO BENEFIT THE CANTREEN

HUGE COMMUNITY GARAGE SALE

SALE

Saturday
AUG 12
9AM-3PM
RAIN DATE AUG 13

LOCATION: CNS HIGH SCHOOL PARKING LOT
FOOD TRUCKS ON SITE
VENDORS NEEDED

SENIOR MOMENTS



Honor Flight and Flags for Our Hero's Mission #019

September 30 @ 7:30 am - 8:00 pm



Honor Flights are an opportunity to thank and honor American's veterans' who secured our freedom by bringing them to the nation's capital to see the memorials that commemorate their service and sacrifice. The goal is to help every single veteran in the greater Syracuse area, willing and capable, to obtain a flight (or a bus-trip) to visit THEIR memorial at NO COST to them.

Honoring Deceased Veterans. Your Veteran's photo will fly on the next Honor Flight Syracuse Mission to Washington, DC. At the appropriate Memorial, the photo will be mounted on a tripod with a cased American Flag and appropriate signage. Our photographer will take a picture with the Memorial as a backdrop. Upon return to Syracuse, our Flags of Our Heroes Team will create a presentation folder containing a certificate and the photo taken in Washington. The folder will be presented to you and your family at a formal ceremony a few weeks after the Mission.



*FOR MORE INFORMATION CONTACT
BILL MEYER @ 315-699-2690*

CENTER INFORMATION

Join the Cicero Senior Center

Membership is free to Town of Cicero residents that have reached the age of 55. Seniors living outside of the town must pay a low annual membership fee of \$30.00 per individual, or \$45.00 for a couple! (*This eliminates an additional charge to non-residents for trips and events.*) Fill out one of our registration forms to get on the quarterly newsletter mailing list. All trips are offered to members first. Events and celebrations at the Center are for members only. Occasionally, guests can attend events with prior approval from the Center Coordinator as space is limited.

Steering Committee

The Steering Committee meets monthly to keep our Center running smoothly. If you have any ideas, suggestions, or concerns, please feel free to attend our next meeting. Meetings are scheduled for 10:30 am on the third Tuesday morning of each month.

Members: Elaine Bisbee, Claire Cary, Elaine Davis (Parks and Rec Commission Liaison), Jan Fulkerson, Carolyn Gearty, Carrie Hendrix, Toni Mundstock, Rose Parry, Mary Alice Scheel, and Lydia O'Connor (North Syracuse Central School District Board of Education Liaison).

Path of Love

This program is an opportunity to make a donation to the Senior Center by purchasing an engraved brick to be placed in a path entering our gazebo. This is a lovely way to pay tribute to family members or to leave a message for future generations. To place your order for a brick, simply call the Center at 315-452-3298 or stop by the Center. Cost per brick is \$50.00.

Cicero Express - Bus Information

The Cicero Express will pick up Town of Cicero residents on Mondays and Fridays. Everyone agrees this is a great asset to our Town residents and a transportation bargain at \$3.00 per person. If you need a ride please reserve your seat at least one day in advance by contacting the Center at 315-452-3298. Always check with the Senior Center for schedule changes. The bus run may be cancelled if we do not have enough riders on any given day.

***Restart of this service is yet to be determined**



Bad Weather Closing

To be informed of the Center closing in the event of a storm, watch for scrolling cancellations or check online with local channels 3, 5, 9 & Spectrum News 10. PEACE meals are cancelled when the Syracuse City School District is closed. If weather is bad, please stay home where you feel safe.

Informative Presentations

We often hold presentations on topics such as VA benefits, Elder Law, Reverse Mortgages, Elder Abuse, Defensive Driving and Medicaid/Medicare. Have ideas of other topics you would like to know more about? Let us know. Call the center or look for flyers of upcoming topics of discussion.

Medical Forms

Have you updated your medical form lately? A staff member can assist you in updating your information anytime. It is very important that these forms are kept current. We care about your health and safety. Don't forget to inform us of your change of address.

E-Mail or US Mail?

We are e-mailing the quarterly newsletter to those preferring to eliminate some of the paper in their lives. Another great advantage of e-mail is the ability to receive our newsletter when you're out of town so you won't miss out on upcoming events and trips. If you are leaving town for an extended period, please notify us. Newsletters are not forwarded by the U.S. Postal Service, and we are charged for each piece returned to us. Our mailings take place in March, June, September and December. If your newsletter is returned to us more than once, we will take you off our mailing list. However, you can always drop-in and pick up a newsletter.

RESOURCES AND SERVICES



**Onondaga County
Office for Aging**
315-435-2362
www.ongov.net/aging

The Onondaga County Office for Aging is one of 59 Area Agencies on Aging in New York State and is part of the national aging network. Their aim is to be a focal point for information, advocacy, and coordination of eldercare services. Some of their services are listed below.

Caregiver Services - Provides respite programming, information and assistance, and support and discussion groups. It also offers the "Institute for Caregivers" – classes for current and future caregivers that inform on relevant topics.

Community Services - Provides information and referrals related to home repairs, legal services, senior center activities, health promotion initiatives, transportation options and shopping services. It also includes the Neighborhood Advisor Program.

Energy Programs - The Home Energy Assistance Program (HEAP) offers heating and cooling assistance to income eligible seniors.

Health Insurance - The Health Insurance Information, Counseling & Assistance Program (HIICAP) offers free and unbiased information.

Home Care - Expanded In-Home Services for the Elderly Program (EISEP) - A sliding-scale, fee-based program that provides non-medical home care for frail individuals. It also includes case management and respite care options.

Nutrition Services - Provides nutritious meals and nutrition education through home delivered meals, senior dining sites and nutrition counseling. The unit also manages the annual "Senior Farmers Market Nutrition Program."

NY Connects - Provides information and assistance on long term care services for persons of any age.

Long Term Care Services - Offers medically based home care for children and adults who receive Medicaid.

Neighborhood Advisor Program

If you are 60 years of age or older, you can receive assistance through the Neighborhood Advisor Program. Some available programs are Energy Grants (HEAP), Medicare, Financial Assistance, Medicaid, Health Services, Prescription Drugs, Home Care and Senior Groups. Contact Catholic Charities directly at (315)454-0168 with any questions.

Legal Aid Society of Mid NY

Legal Aid Society of Mid New York has qualifying programs to help regarding questions on Power of Attorney, Wills, Health Care Proxies, Medicare/Medicaid, Public Assistance or other public benefits. **Call 315-703-6600 to make an appointment and see if you qualify.**

Home Repairs

Project Fix is a small in-home repair service for senior citizens, 60 years and older living in Onondaga County. This is funded through Catholic Charities, NYS Office for Aging and Onondaga County Department of Adult and Long Term Care Services. They can help you with plumbing, electrical and carpentry services. Cost to you is materials and a donation for labor. Call Nancy Roberts at (315)362-7005.

Syracuse Call-A-Bus

Don't forget about this alternative for your transportation needs. Call-A-Bus is a paratransit service providing origin-to-destination trips to eligible people with disabilities who would otherwise use Centro buses if it were not for their disabilities. To determine if you are eligible for Call-A-Bus, you must complete a written application, and it must be signed and verified by a healthcare professional of your choice. This process may take several weeks. To request an application, please contact your local Call-A-Bus office Monday - Friday. 8:00 am - 5:00 pm. Fares range from \$2.00 to \$3.00. Your trip reservationist can tell you the exact rate of your trip at the time you make your reservation.

Contact Information: 315-442-3434

RESOURCES AND SERVICES CONTINUED



Meals on Wheels

Those of you that can't make it to the Center for a PEACE lunch, may want to look into the North Area Meals on Wheels. They prepare and deliver 2 well-balanced and nutritious meals a day directly to the elder, disabled, and homebound in the area! The cost of the meals is minimal (\$8/day) and financial assistance may be available for those meeting the required guidelines. They can accommodate most special diets and allergies and meals can be provided on a short or long term basis. With meal service they also provide a most important health and safety check on clients. Call North Area Meals on Wheels at 315-452-1402 for more information.



We are a community oriented police department dedicated to the citizens who live and work in our community.

We offer the following services;

- Property and business checks
- Prescription drug & sharps disposal program
- Community education (active shooter, senior citizen safety/security)
- Senior Partnership program
- Volunteer in Police Services (become a volunteer!)

Visit us at www.ciceropd.us
or call 315-699-3677

for questions or more information

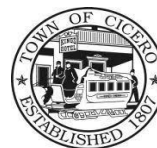
If anyone you don't personally know asks you to use a money wiring service to send cash to them, Stop and think, "Is this a scam?"

Because it usually is!

Before sending money, call the Cicero Police Department

Cicero Town Hall Phone Numbers

Cicero Town Hall
8236 Brewerton Rd.
Cicero, NY 13039
315-752-1180



Assessor's Office	Ext 500
Comptroller's Office	Ext 506
Town Clerk/Dog Control	Ext 501
Court	Ext 804
Receiver of Taxes	Ext 503
Supervisor	Ext 505
Zoning/Code Enforcement	Ext 504
Parks & Recreation	315-699-5233
Senior Center	31-452-3298
Teen Center	315-699-1391
Police Department	315-699-3677
Highway Department	315-699-2745

NOPL Libraries Program

The Northern Onondaga Public Libraries offer a host of fun and fascinating programs throughout the year. All are welcome to enjoy. Programs are free of charge unless otherwise listed. Visit www.nopl or give the library a call to sign up for any of the following programs:

- eBook program
- NOPL Book Discussion Groups
- Arts and Craft Projects
- NOPL knitting group
- Informative Lectures
- Beginning Internet Classes

For Your convenience there are three library branches in our community.

NOPL @ Cicero 699-2032

NOPL @ North Syracuse 458-6184

NOPL @ Brewerton 676-7484





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MEMBER OF ASSEMBLY
127TH ASSEMBLY DISTRICT

ROOM 656 LOB
ALBANY, NEW YORK 12248
TELEPHONE: 518-455-4505
FAX: 518-455-5523

7293 BUCKLEY ROAD, SUITE 201
N. SYRACUSE, NEW YORK 13212
TELEPHONE: 315-452-1115
FAX: 315-452-1119

EMAIL:
STIRPEA@ASSEMBLY.STATE.NY.US



*In Support of the Cicero
Senior Center*
Tracy M. Cosilmon
Cicero Town Clerk
315-699-8109
clerk@ciceronewyork.net



TOWN OF CICERO

Nicole M. Walsh
RECEIVER OF TAXES

8236 Brewerton Road
Cicero, New York 13039

Online Tax Payment at www.ciceronewyork.net

Bus. (315) 699-2756

Fax (315) 699-9562

nwalsh@ciceronewyork.net



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At Parkrose Estates, we want to help you live life to the fullest. Grab a cup of coffee with friends old and new at our cafe, focus on your health in our fitness center, and relax with a good book in our library. You'll find what you're looking for at Parkrose Estates.

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- Coffee Café, Theater, and Community Store
- Library with computer access
- Fitness Center
- Beauty Salon/Barber Shop with Day Spa

Call (315) 757-4423 to schedule a personalized visit.

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Sounds of Summer

2023 Cicero Concerts in the Park

 Sponsored by Friends of NDPL Brewerton

Date	Artist	Location	Food/Drink
June 29th	Mood Swing	at William Park	Grub on the Run
July 6th	Baby Boomers Band	at Riverfront Park	Bob Barkers
July 13th	The Joe Whiting Band	at William Park	Wolf's Patio Pizza & Skippy's
July 20th	The Barndogs	at William Park	Wolf's Patio Pizza & Skippy's
July 27th	Matt Chase	at William Park	Grub on the Run & Skippy's
August 3rd	Jim + Friends	at William Park	Funk N Waffles
August 10th	Soul Mine	at William Park	Funk N Waffles

LONERGAN CONCERT SERIES

Wednesday Nights / 6 to 8 pm
Lonerган Park (524 S. Main St)

Date	Artist
June 7	Syracuse Highland Pipe Band
June 14	A Night of Jazz
	C-NS Vocal Jazz & Jazz Ensemble
June 21	CNS Marching Band
June 28	Mood Swing
July 5	SRB Trio
July 12	Nelson Brothers
July 19	TJ Sacco Band
July 26	Letizia & The Z Band
August 2	The Strangers
August 9	DeSantis Orchestra

TOWN OF CLAY CONCERT SERIES 2023

 A great place to live, work, and raise a family.

FREE LIVE MUSIC ALL SUMMER LONG

ARTIST LINEUP

Date	Artist	Time
JUN 13	THE BABY BOOMERS	Tuesday 6:30pm-8:30pm
JUN 20	RHYTHM N SHOES	Tuesday 6:30pm-8:30pm
JUN 27	GOLD DUST GYPSIES	Tuesday 6:30pm-8:30pm
JUL 5	THE SHYLOCKS	*Wednesday 6:30-8:30pm
JUL 11	DIRT ROAD RUCKUS	Tuesday 6:30pm-8:30pm
JUL 18	PONYTAIL JAMES BAND	Tuesday 6:30pm-8:30pm
JUL 25	MILLERS SON BAND	Tuesday 6:30pm-8:30pm
AUG 1	MOOD SWING	Tuesday 6:00pm-8:00pm
AUG 8	MENAGE A SOUL	Tuesday 6:00pm-8:00pm
AUG 16	THE STRANGERS	*Wednesday 6:00pm-8:00pm

TUESDAY NIGHT PERFORMANCES
AT CLAY PARK CENTRAL

WEDNESDAY NIGHT PERFORMANCES
AT THREE RIVERS POINT

Town of Cicero
Senior Center
5924 Lathrop Dr.
Cicero, NY 13039

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July
August
September
2023