

**Sign ups begin
10:00 am
June 27th**

5924 Lathrop Dr.
Cicero, NY 13039
Tel: 315-452-3298
cicero.recdesk.com
ARyan@cicerony.gov

Senior Center Staff

Alexandra Ryan
Nancy Noble
Alice Brown

Center Hours

10:00 am—4:00 pm

Center Closings

October 13th— Columbus Day
November 4th— Election Day
November 11th—Veterans Day
November 27th/28th—Thanksgiving
December 24th-1/2 Christmas Eve
December 25th—Christmas
December 31st-1/2 New Years Eve
January 1st—New Years Day

Youth Bureau, Parks & Recreation Staff

Shannon Shoff
Jessica Soulier

CanTeen Staff

Wesley Sweetman
Kiera McShane
Krystina Gonzalez
Neo-Rose Edelstein McLeod

Park Staff

Bill Alley
Bill Lawrence
Mike Hogan
Jacob Bourdage
Kyle Ellis



Spaghetti Dinner to Benefit the CanTeen

This spaghetti dinner will be held at the **Cicero Fire Department Station One** (on the corner of 31 and 11). Please continue to support this event while enjoying a great pasta dinner with friends. And don't forget the ever popular dessert raffle!

Take out and eat in available!

Date: Saturday, November 8th

Time: 4 pm - 6:30 pm

Cost: \$12.00 Advance/\$15.00 At Door



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Parks & Recreation Commission

Michael Folsom, Chair
Christine Scollay, Co-Chair
Elaine Davis
Krissy Soboleski
Gretchen Walter
Paul Welenc
Heather Wieland

Town Board

Mike Aregano, Town Supervisor
& Dept Liason
Mike Becallo, Councilor
Mike Mirizio, Councilor
Jonathan Karp, Councilor
Ashley Hogan, Councilor

BIRTHDAY CELEBRATIONS

Celebrate your birthday during
our monthly cupcake and
entertainment! October 31st,
November 21st, December 19th

October Birthdays

2nd	Martha	Kenyon
	Angie	Barber
	Elsa	Lamanna
	Michael	Frasca
	James	Wenger
4th	Vicki	Paries
	June	Stevenson
5th	Michael	Bernied
	Lisa	Schultze
	Sue	Woodworth
6th	Gary	Beirne
7th	Sue	Zinsmeyer
9th	Dorothy	Gilmer
	John	McKiernan
10th	Flora	Dailey
	Kathleen	DiCosta
11th	James	Czebiniaik
	Irene	Caruana
12th	Nickie	Zeleyak
	Joseph	Zeleyak
15th	Phima	Niedzwiecki
16th	Patricia	Parzynski
	Bonnie	Pierce
	Angela	Casey
20th	Helen	Impelizzieri
25th	Maryann	McNeely
26th	Rose	Jessie
27th	Nancy	Chervinsky
28th	Lynn	Hughes
	Sharon	Condolore
	Verna	Lane
29th	Sherman	Lewis
	Gayle	Ross
	Joyce	Smith
	Jerome	Brislin
30th	Donna	Kingdeski
31st	Leo	Navarra

November Birthdays

1st	Elaine	Bisbee
	Terry	Hopkins
5th	Kathy	Andolina
	Dennis	Kraeger
6th	Thomas	Horner
	Sally	Fazio
7th	Ronald	Poplawski
	Roseanna	Sobon
	Phil	Eisenman
	Paul	Wallace
10th	Judy	Fico
	Jeanette	VanAlmelo
	Carl	Bargabos
11th	Craig	Yoder
12th	Rosann	Leyden
	Julie	Klei
	Richard	Owens
13th	Margitte	Proctor
14th	Donna	Lyons
	Barbara	Jacobs
15th	Willie	Rudy
16th	Helen	Mueller
17th	Kathleen	Lonergan
	Kathleen	Reed-Buck
	Anita	Abert
18th	Judy	Schnorr
19th	Pam	Ross
	Ruth	Stuetzle
	Mary	Pelton
21st	Anne	Ruggeri
22nd	Anne	Jones
	Sandy	Restani
	Edward	Szczesniak
	Jacque	Miller
24th	Stephen	Dudley
	Penelope	Harper
	Diane	Miesch
25th	Bruce	Nelson
26th	Carol	Compton
	Mame	Reynolds
	Eugene	Gonzales
27th	Linda	Eichler
	Kathy	Orlowski
28th	Chele	Stirpe
29th	Cindy	Hall
	Sue	Elwood
30th	Geraldine	Szkatok
	Jimmie	Reese



December Birthdays

1st	Christopher	Wilson
	Jan	Miner
	Joan	Woznica
	Tom	Boak
	Lucille	Snizek
2nd	Michele	Bowles
	Kathleen	Crouse
	Joan	Garcia
	MInnie	Jordan
3rd	Kathy	Roche
	Barry	Pierce
4th	Barbara	Connell
5th	Margaret	Witkop
6th	Terry	Sloan
7th	Sahar	Sardo
	Sharon	Seymour
	Connie	Izzo
8th	Susan	Feng
9th	Sharon	Randles
10th	Christopher	Mekker
	Kimberlee	Meyer
12th	Thomas	Trathen
	Ken	Isgar
	Mary	Horton
13th	Brenda	Baxter
14th	Penny	Chase
16th	Palma	Sheer
18th	Sharlene	Mason
	Judy	Wirt
21st	Wanda	Zuke
	Elaine	Kochanowski
22nd	Nathan	Marra
23rd	Mary	Mura
25th	David	Meek
27th	Carolyn	Bickom
29th	Dorothy	Sperato
	Nilsa	Mariano
	Ted	Andolina
31st	Martin	Dorschel



IMPORTANT REGISTRATION AND PAYMENT INFORMATION

Early registration and payment is necessary to ensure the success of a trip. Registration and payment information will be listed with each trip outline. Early registration and prompt payment helps us plan and fulfill down-payment obligations. **Registration for programs and trips will not be accepted without payment.**

If you don't have payment with you, you can put your name on the wait list. Trip payments are non-refundable unless we can fill your spot. If a sufficient number of participants have not registered by the deadline, the trip may be cancelled.

Fall Foliage Train Ride

Let the Adirondack Railroad help you discover the beauty of the Adirondacks by transporting you to Old Forge. The Utica to Old Forge Layover trip is truly unique experience and has several features that set it apart!



Travel through forests, over rivers and streams, spend a full afternoon in Old Forge enjoying the outdoors and visiting local shops and restaurants, and then back to the train to take you home. While you're on the train, visit the café car and try the light and hearty fare as you ride the rails on the Adirondack Railroad!

Date: Thursday, October 2nd

Time: Depart from Center at 7:45 am

Return to Center approx. 7:30 pm

Cost: \$66.00 (Includes transportation, train ticket-lunch on your own)

Boscov's Shopping Day

Shop till we drop! Maybe you have some Christmas shopping to do or just need to add a few things to your wardrobe. Lets shop a while then head to lunch at Carmella's Café. After lunch we make a stop at The Olde Kountry Market .



Date: Thursday, November 6th

Time: Depart Center @ 11:00 am

Cost: \$65.00 (Includes ticket and transportation, lunch on your own)

Pastabilities and IMAX

Head downtown for delicious homemade pasta for lunch. Then we will head to the MOST for an IMAX movie of "The Arctic: Our last great wilderness". Imagine a place that is vast, wild and untouched, where some of the world's



greatest wildlife spectacles unfold. The Arctic National Wildlife refuge, situated in the northeastern corner of Alaska, is the wildest place left in North America. A symbol of wilderness for the world. No one has truly ever seen it. The show will feature the first-ever cinematic account of this little known land where people can experience a world untouched by time.

Date: Thursday, November 20th

Time: Depart Center @ 11:30 am

Cost: \$18.00 (Lunch on your own)

All Hollows Witches Tea



Join us we head to Oswego to The Coffee Connection for a full tea experience including soup, sandwich, desserts and of course tea! This Halloween tea is like no other you've experienced and includes a Ghost Storyteller!

Date: Wednesday, October 22nd

Time: Depart Center @ 10:30 am

Cost: \$50.00 (All Inclusive)

TRAVEL NEWS CONTINUED

A Christmas story @ Syracuse Stage

9-year-old Ralphie Parker has his sights set on a coveted Christmas gift, but he'll have to play his cards right if he's going to convince the "Old Man" to leave it under the tree. Filled with the most memorable moments from the beloved 1983 film—this nostalgic adaptation faithfully captures author Jean Shepherd's small-town wit while inviting new audiences to discover this timeless family comedy for the first time. Before the show we will have lunch at Phoebes.

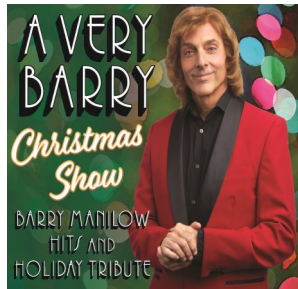


Date: Wednesday, December 3rd

Time: Depart Center @ 10:30 am

Cost: \$90.00 (All Inclusive)

A Very Barry Christmas Show at Turning Stone



Get ready to experience one of the most authentic tributes ever to hit the music scene as A Very Barry Christmas Show, Barry Manilow Hits & Holiday Tribute brings holiday magic in a joy-filled musical

extravaganza. This show is a festive celebration with classic hits and holiday favorites as you are taken on a musical journey back to the 70's. Fans will experience Barry Manilow's greatest hits the way you remember them.

Barry Manilow recorded and released 51 Top 40 singles including 13 that reached number one. Get ready to hear your favorite Manilow hits with "Mandy", "Can't Smile Without You" and the foot stomping rhythm of "Copacabana" just to name a few. You won't believe your eyes or ears as this 8-piece ensemble presents the Music and Passion of Barry Manilow to perfection while keeping the music alive for generations to enjoy!

Date: Thursday, December 11th

Time: Depart Center @ 10:00 am

Cost: \$65.00 (Includes transportation, show

ALASKA CRUISE LAND & RAIL

**WITH PRINCESS CRUISES®
ON THE ISLAND PRINCESS®**

11 DAYS / 10 NIGHTS

SEPTEMBER 6 – 16, 2026

Inside Cabin Category	ID	\$6,531
Balcony Cabin Category	BD	\$7,681
Outside Cabin Category	OC	\$7,111
Balcony Cabin Category	BC	\$7,741

Rates are per person double occupancy and include roundtrip airfare from Syracuse, cruise, port charges, government fees, taxes and transfers to/from ship.



An Alaska cruise, land, and rail vacation with Princess Cruises® on the Island Princess® offers a multi-faceted experience combining a scenic cruise to glaciers, a luxurious glass-domed train journey on the exclusive Princess® Rail Service to the interior, and stays at Princess Wilderness Lodges® near national parks. The cruise provides glacier viewing and wildlife opportunities, while the Direct-to-the-Wilderness® rail service connects you from the ship to the lodges, featuring guided narration, made-to-order dining, and open-air observation platforms to immerse you in the landscape and spot wildlife.

**FOR RESERVATIONS OR MORE INFORMATION
PLEASE CONTACT ALEX RYAN ~ (315) 452-3298**



OVERNIGHT TRIPS WITH COLLETTE

collette Southern Charm

April 28 – May 4, 2026



**Book by Oct, 28
2025 and save \$50
per person!**

**Double \$3,699
Single \$4,699**

7 Days • 9 Meals: 6 Breakfasts, 3 Dinners

HIGHLIGHTS... Historic Charleston, Choice on Tour: Walking Tour or Fort Sumter Cruise in Charleston, Boone Hall Plantation & Gardens, Savannah, Choice on Tour: Savannah Trolley Tour or Haunted Savannah Walking Tour, St. Simons Island, Jekyll Island

INCLUDED IN PRICE: Round Trip group transfer from Cicero Senior Center to SYR Airport, Round Trip Air from Syracuse International, Air Taxes and Fees/Surcharges, Hotel Transfers

ITINERARY AT A GLANCE

Days 1, 2 Emeline Hotel Charleston, Charleston, South Carolina

Days 3, 4 Cambria Savannah Historic District, Savannah, Georgia

Days 5, 6 Jekyll Island Club, Jekyll Island, Georgia



**Informative
Meeting
October 9th
@ 10:15 am**

**For more information visit Alex at the Cicero
Senior Center or go to
<https://gateway.gocollette.com/link/132846>**

collette Aloha Hawaii

January 13-21, 2027



***Double \$5,999 *Single \$7,799**

9 Days * 12 Meals

Embark with the Cicero Senior Center & Collette and escape the 'winter blues' in Jan. 2027 on a journey through the lush landscapes and vibrant culture of Kauai and Maui, where adventure meets tranquility! Drift down the serene Wailua River, explore the breathtaking Waimea Canyon, and immerse yourself in the history and heritage of the Iao Valley. Sample seasonal fresh fruit, discover the sustainable practices on a macadamia nut farm, and experience the warmth of Hawaiian hospitality at a traditional luau. Enjoy luxurious stays at premier resorts on Kauai and Maui, where you can relax on pristine beaches or embark on thrilling adventures. From the sight of the iconic Iao Needle to the lore of the hula, this tour offers a perfect blend of natural beauty, cultural connections, and relaxation!

Included in Price: Round Trip Group Transportation from Cicero Senior Center to Syracuse Airport, Round Trip Air from Syracuse Airport, Inter-flights from Lihue Municipal, Air Taxes and Fees/Surcharges, Hotel Transfers

Not included in price: Cancellation Waiver and Insurance of \$429 per person.

For more information contact Alex at the Cicero Senior Center or check out trip details at <http://gateway.gocollette.com/link/1328583>

CENTER HAPPENINGS

Ongoing Programs at the Center

PEACE Luncheons

Congregate meals are **Mondays, Tuesdays and Fridays at noon**. Pick up is still available for those that want it between 11:30 am and noon at the kitchen door in the rear of the building. Suggested donation of **\$3.50** (or whatever you can afford) . Must sign up a minimum of 24 hours ahead of time!



Bunco



Tournament style Bunco is a dice game where players compete in rounds to score points and win prizes. Bunco rotates every other Monday.

Day: Rotating Mondays
Time: 1:00 pm
Cost: \$3.00 Bunco

Team Trivia

Come flex your knowledge with team trivia where teams compete against each other on a variety of topics! No need to bring your own team, just join any table! Trivia rotates every other Monday.

Day: Rotating Mondays
Time: 1:00 pm
Cost: FREE



Movie Day



Join us these **Mondays** to watch a newly released movie. Join us before the movie for a peace meal at noon followed by short game of trivia!

Dates: Monday, October 6th and 27th
Monday, November 10th and 24th
Monday, December 8th and 22nd

Time: 2:30 pm
Cost: FREE

Mahjong

Mahjong is a tile-based game of skill, strategy, calculation and chance. Come observe and learn!

Day: Wednesdays
Time: 11:00 am – 2:30 pm
Cost: FREE



Pitch

Come join us for an afternoon of trick taking card fun! This is played tournament style, no need for a partner as you will draw randomly for one.

Day: Every Tuesday

Time: 1:00 pm

Cost: \$3.00

ADDITIONAL DAY*

Day: Every Wednesday

Time: 2:30 pm

Cost: \$3.00



Phase 10

Phase 10 is the Rummy-type card game with a twist! Be the first player to complete 10 varied phases.

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Bridge

Come play this team, trick taking game . Partners are not needed but tables of 4 are required, so call to save your spot.

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Knitting/Crocheting

All levels welcome! Enjoy the company of others in this social knitting group!



Day: Thursdays

Time: 1:00 pm

Cost: FREE

Bingo

Play 11 games with prize money determined by what we bring in!

Day: Fridays

Time: 1:00 pm

Cost: 50¢ per card



Billiards Room

The billiard room is open for daily use with 2 tables and many cue sticks available for use.



Days: Monday thru Friday

Hours: 10:00 am to 4:00 pm

Cost: FREE

CENTER HAPPENINGS *CONTINUED*

Entertainment & Birthday Celebrations

Halloween Entertainment with Merlyn Fuller and her "Merry Mischief Show"

Come for a PEACE meal and celebrate all those with birthdays in November. Afterwards stay for some fun entertainment with Merlyn's Halloween hat show, spooky tunes and murder ballads! We will end the day with a short game of bingo! **Don't forget your Halloween consume for a fun contest!**

Date: Friday, October 31st

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal
Cupcakes & Entertainment FREE



PEACE Thanksgiving Meal and Entertainment with "Rhythm N' Shoes"

Come for PEACE's annual Thanksgiving meal with all the fixings. Afterwards, celebrate all those who have a birthday in November with cupcakes and entertainment, followed by a short game of bingo!!



Day: Friday, November 21st

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal
Cupcakes & Entertainment FREE

PEACE Holiday Meal and Entertainment with "Live Wire"

Come join us for a PEACE holiday meal followed by an entertaining afternoon! We will also celebrate all those who were born in December with cupcakes and play a short game of bingo!!

Day: Friday, December 19th

Time: 12:00 pm Lunch

12:30 pm Birthday Social

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal
Cupcakes & Entertainment FREE



If you see a new face at the Senior Center, please be sure to introduce yourself and extend a friendly welcome! Our newest members are: Nancy Rosa, Chrstopher Wilson, Charolte Carmanna, Sharon Vople, Rosann and Steven Leyden, Michele Bowles, Mazie Druandette, Linda Vanboden, Gail Brennan, Sandra Elen, Bill and Bonnie Whipple, Craig Yoder, Paula Chudyk, Cheryl Kukulski, Maryann McNeely, Theresa Paris, Sharlene Mason, Paul Wallace, Rocco Morelli, Bill Mahyna, Anne Marie and Dan Vick, Joseph and Nickie Zeleyak, Sharon Shafer, Nancy Sirianni, Irene and Joseph Caruana, Mary Cormier and Richard Lash.

CENTER HAPPENINGS CONTINUED

Center Events and Meals

Fall Feast Luncheon

It's Fall, Y'all! Join us for a feast among friends!

Date: Thursday, October 16th

-Sign up by Friday, October 10th

Time: 12:00 pm

Cost: \$10.00



Harvest Brunch



We will be baking up some favorite brunch items for our annual day before thanksgiving get together!

Date: Wednesday, November 26th

-Sign up by Monday, November 24th

Time: 11:00 am

Cost: \$8.00

Holiday Luncheon

Holiday cheer is best when shared—come celebrate this festive season with us!



Date: Thursday, December 18th

-Sign up by Monday, December 15th

Time: 12:00 pm

Cost: \$10.00

Christmas Caroling



Come sing along with local girl scout troop as they share all our favorite holiday songs! Come early for a PEACE meal!

Date: Monday, December 22nd

Time: 12:30 pm

Cost: FREE

Forever Young Ladies

The Forever Young Club is a group of fun-loving ladies that meet every month. There is an additional membership fee of \$25 to join which goes towards the annual Christmas Party!

Vernon Downs

Let's head back to Vernon Downs for Horse Races and Games!



Tentative Schedule:

Depart Center at 11:00 am

12:00 pm Light lunch

1:00-3:00 pm Fun games with Alex or Casino

3:00 pm Casino Time or County Kitchen

4:30 pm Pick up at Casino to go to Track

5:05 pm Races Begin

6:30 pm Dinner at the race track

9:00 pm (Approx.) Head back to Cicero

Date: Friday, October 17th

Time: Depart Center at 11:00 am-approx. 10:00 pm

Cost: \$55.00 (All inclusive except your own slot \$)

Eclectic Chic

Let's check some Christmas shopping off your list at the eclectic chic! With over 150 local vendors, with many varied talents, collections, primes, antiques, foods, wares and more. Shops like this keep our local history and memories alive as you wander from dealer to dealer. It would be most difficult to not find something that reminds you of



days gone by. We will enjoy lunch on site at Eclectic Eats!

Date: Thursday, November 13th

Time: Depart Center @ 10:30 am

Cost: \$10.00 (Lunch on your own)

Christmas Party

Meet at Spinning Wheel Restaurant for a delicious meal, followed by \$10 gift exchange and company of good friends!

Date: Tuesday, December 23rd

Time: Meet at Spinning Wheel 12:00 pm

(7384 Thompson Rd, North Syracuse)

Cost: Your \$10.00 gift for exchange



CENTER HAPPENINGS *CONTINUED*

Fitness Programs

Aerobics with Michele

A low impact aerobics and strength class on Mondays.

****Instructor may change****

Days: Mondays

Time: 9:00 am - 10:00 am

Cost \$20.00 for 3 months of classes



Yoga with Michele

Depending on your comfort level, you can choose to be in a chair or on the floor.

Day: Tuesdays

Time: 9:00 am - 10:00 am

Cost \$30.00 for 3 month of classes

Core and Balance with Michele

A workout focused specifically on building core strength—the main source of balance in the body every Thursday.

Days: Thursdays

Time: 9:00 am - 10:00 am

Cost \$20.00 for 3 months of classes



**** \$5.00 Discount if you take all 3 classes****

Informative Presentation

Medicare Educational Workshop

Plan to join Medicare Broker Rich Lash for this informative event. We'll review many of the MAJOR CHANGES for 2026 in Medicare and Medicare Advantage Plans



With all the Major Disruptions expected for 2026, this is very important for folks currently on Medicare. Plus, it's especially important for those who are soon to be turning 65.

Rich understands how confusing all the options can seem. Come, relax and have your questions answered.

Please invite your friends and relatives!

Rich does these workshops throughout the year. He has been in the insurance field since 1987, and has specialized in Medicare Insurance since 2013. As a broker, he represents many of the fine companies offering Medicare Advantage, Medicare Supplement and Medicare Part D plans in Central NY

Rich is not connected with or endorsed by the United States Government or the Federal Medicare Program

Dates: Friday, October 17th and Friday, November 14th

Time: 10:30 am

Cost: FREE

AROUND TOWN

BRIDGEPORT FIRE DEPT. LADIES AUX
 In Conjunction with Town of Cicero and Town of Sullivan
 Invite you to attend our
ANNUAL FALL FESTIVAL
Saturday, October 4th
9:00 am to 3:00 pm
Bridgeport Fire Dept. Station #1, 427 Route 31, Bridgeport

Funk 'n Waffles
Two Hip Chicks Sliders



Food Rescue
Food Truck
Dad's Ice Cream

Vendor Craft Show
Crafts & Games for Kids
Fire Truck Display
Raffles

Farmer's Market
Child ID Program
Pumpkins
Martial Arts Demonstration

Bake Sale
Facepainting
Chicken B-B-Q

Fried Dough and Apple Desserts and More!!!!

CRAFT SHOW




Restorative Yoga

Restorative yoga is a restful practice that holds seated or lying down yoga poses for a longer duration, using assorted props (blankets, cushions, blocks) in order to fully support the body. The work emphasizes the meditative aspect of yoga, emphasizes stillness over movement, being over doing. As Michele guides you through 4 or 5 poses over the hour, Sue will play her live instruments - singing bowls, chimes, bells, drums, and more to enable you to further settle into the poses and into yourself. Class will be a the Senior Center.



Dates: Monday, October 6th
Monday, November 10th
Monday, December 8th

Time: 7:00 pm

Cost: \$15 Residents (per class)
\$20 Non-residents (per class)

@topfans On Monday, October 6, 3:00-7:00 PM, the Erie Canal Bicentennial Celebration comes to Riverfront Park in Brewerton, NY as the replica Erie Canal Boat Seneca Chief makes its ceremonial stop. We're planning a lively community celebration with [Buffalo Maritime Center](#), distinguished guests, [Big Ditch Brewing Company](#), live entertainment, local food trucks, and closing the evening at 7:00 PM - a special presentation by the [Town of Constantia Historian](#) Frenchman's Island at the Brewerton [Northern Onondaga Public Library \(NOPL\)](#)

To make this free, family-friendly event shine, we're seeking community sponsors to help underwrite key elements:

Interactive canal-era band (hands-on, sing-along, historically themed)

Garbage & recycling service (to keep the park spotless)

Portable restrooms (to keep everyone comfortable)

Thank you for helping us celebrate 200 years of the Erie Canal in Brewerton!!!

Erie Canal Bicentennial Celebration - <https://mailchi.mp/053301b27f05/erie-canal-bicentennial>



Holiday Tree Lightings and Parade

Cicero-The 2025 Tree Lighting at the Cicero Fire Department is scheduled for **Saturday, December 6th from 5 pm-6:30 pm.**

Village of North

Syracuse-The Holiday Parade is scheduled for **Sunday, December 7th at 5:00 pm** with tree lighting to follow.

Brewerton-The 2025 Holiday Tree Lighting will be held at the Brewerton Fire Department **TBA**

ERIE CANAL
200 YEARS
LET'S GO!



www.eriecanalway.org

ERIE CANAL AUTHORITY I LOVE NY Canal Corporation

MONEY SAVVY

For those in their golden years seeking to stretch their dollars while dining out or shopping, there's a trend worth noting: discounts for seniors are becoming increasingly common. Many restaurants and retailers have senior discounts that you may not know about, here they are compiled into one list for your benefit!

Many of the discounts below require an AARP membership. AARP is now open to all ages!

**NOTE – Days, discounts, and participation may vary by location, so you might want to call ahead to confirm. Also, a lot of retailers only provide the discount upon request.*

RESTAURANTS

A&W – (55+) No standard policy, but select franchises may offer discounts. Guests over 100 get free Root Beer Floats!

Applebee's – (60+) No standard policy, but select franchises may offer discounts.

Arby's – (55+) No standard policy, but select franchises may offer discounts.

Auntie Anne's – AARP members get a 10% discount with every purchase.

Bonfish Grill – AARP members get a 10% discount.

Burger King – (60+) No standard policy, but select franchises may offer discounts

Carrabba's Italian Grill – AARP members get a 10% discount.

Chick-Fil-A – (55+) No standard policy, but select franchises may offer discounts

Chili's – (55+) No standard policy, but select franchises may offer discounts

Cinnabon – AARP members get a 10% discount in-store or online.

Dairy Queen – (55+) No standard policy, but select franchises may offer discounts

Denny's – (55+) AARP members get a 15% discount.

Dunkin' Donuts – (55+) No standard policy, but select franchises may offer discounts

Friendly's Restaurant – (55+) 10% Discount at select locations. Not all stores participate.

McDonald's – No standard policy, but select franchises may offer discounts

Moe's Southwest Grill – AARP members get a 10% discount in-store, in-app and online. Just link your AARP account with rewards.

Papa John's – (55+) AARP members get a 20% Discount.

Taco Bell – (65+) 10% Discount off your meal by request. Varies by location, and not all participate

Wendy's – (65+) No standard policy, but select franchises may offer discounts or free drinks

RETAILERS AND MORE...

Amazon Prime – 50% off Prime with proof of SSI, SNAP, or other government assistance.

Ancestry – AARP members get a 30% off Discount on an All Access or World Explorer Subscription.

Consumer Cellular – AARP members get up to 5% on monthly service and usage charges and 30% on accessories. Talk, text and data plans start at \$20 per month per line.

Goodwill – (60+) 10% off total purchase every Wednesday

Kohl's – (60+) 15% coupon available every Wednesday in-store.

Marcus Theatres – (60+) Watch a movie for \$7 and discounted concessions before 4 pm on Fridays

Michaels – (55+) 10% discount for seniors who have registered Rewards Account

PepBoys – (55+) Customers get an additional 10% off in-store only, not valid online

Petsmart – (65+) Senior & military members receive a 10% discount at the Grooming Salon on Tuesdays only.

Regal Cinemas – (60+) Discounted movie tickets at participating locations, daily.

Salvation Army – Ages 55+ get 15 to 50% off on a specific day of the week (discount and day varies by location)

SilverSneakers – (65+) SilverSneakers is a fitness and wellness program offered online or in-person at no additional cost to seniors on eligible Medicare plans.

T-Mobile – (55+) Save with the 55+ Discount Plans.

UPS Store – AARP members save 5% off domestic and international UPS shipping services, plus 15% off eligible products and services.

Valvoline – AARP members save 15% off drive-thru, stay-in-your-car oil changes

Verizon – Verizon offers Senior plans, plus some locations may offer additional discounts.

SAVE MONEY!



CENTER INFORMATION

Join the Cicero Senior Center

Membership is free to Town of Cicero residents that have reached the age of 55. Seniors living outside of the town must pay a low annual membership fee of \$30.00 per individual or \$45.00 for a couple! (*This eliminates an additional charge to non-residents for trips and events.*) Fill out one of our registration forms to get on the quarterly newsletter mailing list. All trips are offered to members first. Events and celebrations at the Center are for members only. Occasionally, guests can attend events with prior approval from the Center Coordinator as space is limited.

Steering Committee

The Steering Committee meets monthly to keep our Center running smoothly. If you have any ideas, suggestions, or concerns, please feel free to attend our next meeting. Meetings are scheduled for 10:30 am on the third Tuesday morning of each month.

Members: Elaine Bisbee, Claire Cary, Elaine Davis (Parks and Rec Commission Liaison), Ellen Garland, Carolyn Gearty, Carrie Hendrix, Toni Mundstock, Phima Niedzwiecki and Rose Parry.

Bad Weather Closing

To be informed of the Center closing in the event of a storm, watch for scrolling cancellations or check online with local channels 3, 5, 9 & Spectrum News 10. PEACE meals are cancelled when the Syracuse City School District is closed. If weather is bad, please stay home where you feel safe.

Path of Love

This program is an opportunity to make a donation to the Senior Center by purchasing an engraved brick to be placed in a path entering our gazebo. This is a lovely way to pay tribute to family members or to leave a message for future generations. To place your order for a brick, simply call the Center at 315-452-3298 or stop by the Center. Cost per brick is \$50.00.

TRANSPORTATION INFORMATION

Syracuse Centro Call-A-Bus

Call-A-Bus provides origin-to-destination trips to eligible people with disabilities who would otherwise use Centro buses if it were not for their disabilities. To determine if you are eligible for Call-A-Bus, you must complete a written application, and it must be signed and verified by a healthcare professional of your choice. Fares range from \$2.00 to \$3.00. Contact: 315-442-3434

Syracuse Centro OSCAR

OSCAR provides public transportation Monday - Friday between 7:00am and 7:00pm to/from origins and destinations within Onondaga County that are not serviced by Centro's regular route service. Eligible seniors must be pre-registered to participate in the OSCAR program. The OSCAR service cannot be used for medical transportation if the customer is eligible for Medicaid. Eligible seniors may receive (2) round trips per month or (4) one-way trips per month. To request an application, please call Centro's Specialized Transportation Department at (315) 442-3434,

GoGoGrandparent

A transportation partnership with New York State Office for the Aging & Uber/Lyft that makes it possible for seniors to book on-demand or scheduled rides, with just a phone call - no apps or smart phone required! You must live in Onondaga County and be age 60 years or older. The Onondaga Office for Aging will cover 100% of the cost of 2 round trip (or 4 one-way) rides per month, but first, you must be registered through our office. You may use this transportation service to go to Community Centers, visit loved-ones, fitness centers, medical appointments, shopping, volunteer activities and more! For more information or to register for this service please call 315-435-1400

Area North Transportation Services (ANTS)

The Catholic Charities Elderly Services program provides transportation for clients in Northern Onondaga County.

For more information regarding transportation for the ANTS program, call (315) 424-1810.

RESOURCES AND SERVICES



**Onondaga County
Office for Aging**
315-435-2362
www.ongov.net/aging

The Onondaga County Office for Aging is one of 59 Area Agencies on Aging in New York State and is part of the national aging network. Their aim is to be a focal point for information, advocacy, and coordination of eldercare services. Some of their services are listed below.

Caregiver Services - Provides respite programming, information and assistance, and support and discussion groups. It also offers the "Institute for Caregivers" – classes for current and future caregivers that inform on relevant topics.

Community Services - Provides information and referrals related to home repairs, legal services, senior center activities, health promotion initiatives, transportation options and shopping services. It also includes the Neighborhood Advisor Program.

Energy Programs - The Home Energy Assistance Program (HEAP) offers heating and cooling assistance to income eligible seniors.

Health Insurance - The Health Insurance Information, Counseling & Assistance Program (HIICAP) offers free and unbiased information.

Home Care - Expanded In-Home Services for the Elderly Program (EISEP) - A sliding-scale, fee-based program that provides non-medical home care for frail individuals. It also includes case management and respite care options.

Nutrition Services - Provides nutritious meals and nutrition education through home delivered meals, senior dining sites and nutrition counseling. The unit also manages the annual "Senior Farmers Market Nutrition Program."

NY Connects - Provides information and assistance on long term care services for persons of any age.

Long Term Care Services - Offers medically based home care for children and adults who receive Medicaid.

Neighborhood Advisor Program

If you are 60 years of age or older, you can receive assistance through the Neighborhood Advisor Program. Some available programs are Energy Grants (HEAP), Medicare, Financial Assistance, Medicaid, Health Services, Prescription Drugs, Home Care and Senior Groups. Contact Catholic Charities directly at (315)454-1810 with any questions.

Legal Aid Society of Mid NY

Legal Aid Society of Mid New York has qualifying programs to help regarding questions on Power of Attorney, Wills, Health Care Proxies, Medicare/Medicaid, Public Assistance or other public benefits. **Call 315-703-6600 to make an appointment and see if you qualify.**

Home Repairs

Project Fix is a small in-home repair service for senior citizens, 60 years and older living in Onondaga County. This is funded through Catholic Charities, NYS Office for Aging and Onondaga County Department of Adult and Long Term Care Services. They can help you with plumbing, electrical and carpentry services. Cost to you is materials and a donation for labor. Call Nancy Roberts at (315)362-7005.

Medical Equipment

Luther Memorial Church has a medical equipment storage closet available for the community. If you are in need of equipment, they may be able to help! Items are slightly used to new and include walkers, canes, crutches, wheel chairs, shower chairs, commodes and more! These items are available for use free of charge! Contact the church office Monday thru Friday, 9 am to 4 pm. (315) 458-1481.

FREE
COMPUTER HELP
NOPL BREWERTON
TUESDAYS, 10:30AM - 1:30PM

RESOURCES AND SERVICES CONTINUED



Meals on Wheels

Those of you that can't make it to the Center for a PEACE lunch, may want to look into the North Area Meals on Wheels. They prepare and deliver 2 well-balanced and nutritious meals a day directly to the elder, disabled, and homebound in the area! The cost of the meals is minimal (\$10/day) and financial assistance may be available for those meeting the required guidelines. They can accommodate most special diets and allergies and meals can be provided on a short or long term basis. With meal service they also provide a most important health and safety check on clients. Call North Area Meals on Wheels at 315-452-1402 for more information.



We are a community oriented police department dedicated to the citizens who live and work in our community.

We offer the following services;

- Property and business checks
- Prescription drug & sharps disposal program
- Community education (active shooter, senior citizen safety/security)
- Senior Partnership program
- Volunteer in Police Services (become a volunteer!)

Visit us at www.ciceropd.us
or call 315-699-3677

for questions or more information

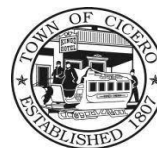
If anyone you don't personally know asks you to use a money wiring service to send cash to them, Stop and think, "Is this a scam?"

Because it usually is!

Before sending money, call the Cicero Police Department

Cicero Town Hall Phone Numbers

Cicero Town Hall
8236 Brewerton Rd.
Cicero, NY 13039
315-752-1180



Assessor's Office	Ext 500
Comptroller's Office	Ext 506
Town Clerk/Dog Control	Ext 501
Court	Ext 804
Receiver of Taxes	Ext 503
Supervisor	Ext 505
Zoning/Code Enforcement	Ext 504
Parks & Recreation	315-699-5233
Senior Center	31-452-3298
Teen Center	315-699-1391
Police Department	315-699-3677
Highway Department	315-699-2745

NOPL Libraries Program

The Northern Onondaga Public Libraries offer a host of fun and fascinating programs throughout the year. All are welcome to enjoy. Programs are free of charge unless otherwise listed. Visit www.nopl or give the library a call to sign up for any of the following programs:

- eBook program
- NOPL Book Discussion Groups
- Arts and Craft Projects
- NOPL knitting group
- Informative Lectures
- Beginning Internet Classes

For Your convenience there are three library branches in our community.

NOPL @ Cicero 699-2032

NOPL @ North Syracuse 458-6184

NOPL @ Brewerton 676-7484





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315-575-3341

Know your options for 2026!



*In Support of the Cicero
Senior Center*

Tracy M. Cosilmon

Cicero Town Clerk

315-699-8109

clerk@ciceronewyork.net



ALBERT A. STIRPE, JR.

MEMBER OF ASSEMBLY
127TH ASSEMBLY DISTRICT

ROOM 656 LOB
ALBANY, NEW YORK 12248
TELEPHONE: 518-455-4505
FAX: 518-455-5523

7293 BUCKLEY ROAD, SUITE 201
N. SYRACUSE, NEW YORK 13212
TELEPHONE: 315-452-1115
FAX: 315-452-1119

EMAIL:
STIRPEA@ASSEMBLY.STATE.NY.US

Town of Cicero
Senior Center
5924 Lathrop Dr.
Cicero, NY 13039

Returned Services Requested

Presort STD
US Postage Paid
Permit #235
Syracuse, NY

Dated Material Do Not Delay



October
November
December
2025