

5924 Lathrop Dr.
Cicero, NY 13039
Tel: 315-452-3298
cicero.recdesk.com
ARyan@cicerony.gov

Senior Center Staff

Alexandra Ryan
Nancy Noble
Alice Brown

Center Hours

10:00 am—4:00 pm

Center Closings

October 12th-Columbus Day
November 3rd-Election Day
November 11th-Veterans Day
November 26th-Thanksgiving
November 27th-Thanksgiving Day Obs.
December 24th-Christmas Eve
December 25th-Christmas Day
December 31st-New Year's Eve @ 1
January 1st-New Year's Day

Youth Bureau, Parks & Recreation Staff

Tony Burkinshaw
Shannon Shoff
Jessica Soulier

CanTeen Staff

Wesley Sweetman
Kiera McShane
Krystina Gonzalez
Neo-Rose Edelstein McLeod

Park Staff

Bill Alley
Bill Lawrence
Mike Hogan
Jacob Bourdage
Kyle Ellis

Sign ups begin

10:00 am

Thursday Oct 1st



from all of us!

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Parks & Recreation Commission

Michael Folsom, Chair
Christine Scollay, Co-Chair
Elaine Davis
Gretchen Walter
Paul Welenc

Town Board

Rob Santucci, Town Supervisor
Mike Becallo, Councilor
Jamie Pardee, Councilor
Chris Daniel, Councilor
Ashley Hogan, Councilor

BIRTHDAY CELEBRATIONS

Com celebrate your
birthday during our
monthly cupcake and
entertainment day!

October 16th
November 13th
December 18th

November Birthdays

1st	Elaine	Bisbee
	Terry	Hopkins
2nd	Denise	Seltzer
3rd	Barbara	Bucher
5th	Dennis	Kraeger
	Kathy	Andolina
	Scott	Norton
6th	Ray	Elwood
	Thomas	Horner
	Howard	Johnson
7th	Phil	Eisenman
	Ronald	Poplawski
	Roseanna	Sobon
	Michael	Stiles
	Paul	Wallace
10th	Carl	Bargabos
	Judy	Fico
	Jeanette	VanAlmelo
11th	Craig	Yoder
12th	Julie	Klei
	Rosann	Leyden
	Richard	Owens
	Steve	Sawicki
13th	Margitte	Proctor
14th	Barbara	Jacobs
15th	Willie	Rudy
16th	Patricia	Pacculia
17th	Anita	Abert
	Kathleen	Reed-Buck
19th	Mary	Pelton
	Pam	Ross
	Ruth	Stuetzle
21st	Anne	Ruggeri
22nd	Anne	Jones
	Jacque	Miller
	Sandy	Restani
	Edward	Szczesniak
24th	Stephen	Dudley
	Penelope	Harper
	Diane	Miesch
25th	Janice	Coffin
	Bruce	Nelson
26th	Eugene	Gonzales
	Mame	Reynolds
27th	Linda	Eichler
	Richard	Forkhamer

28th	Chele	Stirpe
29th	Sue	Elwood
	Susan	Hopkins
30th	Jimmie	Reese
	Geraldine	Szkotak

December Birthdays

1st	Tom	Boak
	Philomena	goodeve
	Jan	Miner
	Lucille	Snizek
	Christopher	Wilson
	Joan	Woznica
2nd	Kathleen	Crouse
	Michele	Bowles
	Minnie	Jordan
3rd	Holly	Cerelli
	Kathy	Roche
	Lee	Weinstein
4th	Barbara	Connell
5th	Margaret	Witkop
6th	Terry	Sloan
7th	Connie	Izzo
	Sharon	Seymour
8th	Susan	Feng
9th	Sharon	Randles
10th	Christopher	Mekker
12th	Betty	Farr
	Mary	Horton
13th	Brenda	Baxter
16th	Palma	Sheer
18th	Sharlene	Mason
	Judy	Wirt
19th	Robin	Avery
21nd	Elaine	Kochanowski
	Nonie	McGarry
	Wanda	Zuke
23rd	Mary	Mura
24th	Martin	Featherly
27th	Carolyn	Bickom
29th	Ted	Andolina
	Nilsa	Mariano
	Dorothy	Sperato
30th	Roger	Fortier
31st	Martin	Dorschel
	Rose	Sinopoli

October Birthdays

1st	Chester	Cooper
	Ed	Stinson
2nd	Angie	Barber
	Michael	Frasca
	Martha	Kenyon
	Elsa	Lamanna
	James	Wenger
4th	Vicki	Paries
5th	Lisa	Schultze
	Sue	Woodworth
7th	Sue	Zinsmeyer
9th	Dorothy	Gilmer
10th	Flora	Dailey
	Kathleen	DiCosta
11th	Irene	Caruana
	James	Czebiniak
12th	Joseph	Zeleyak
	Nickie	Zeleyak
13th	Susan	Smith
15th	Phima	Niedzwiecki
16th	Angela	Casey
	Patricia	Parzynski
18th	Lana	Sawicki
20th	Helen	Impelizzieri
21st	Linda	Hance
22nd	John	Kozak
26th	Maryann	McNeely
27th	Nancy	Chervinsky
28th	Sharon	Condolore
	Lynn	Hughes
29th	Sherman	Lewis
	Gayle	Ross
	Joyce	Smith
30th	Donna	Kingdeski
31st	Leo	Navarra



IMPORTANT REGISTRATION AND PAYMENT INFORMATION

Early registration and payment is necessary to ensure the success of a trip. Registration and payment information will be listed with each trip outline. Early registration and prompt payment helps us plan and fulfill down-payment obligations. **Registration for programs and trips will not be accepted without payment (Cash or Check). If you don't have payment with you, you can put your name on the wait list. Trip payments are non-refundable unless we can fill your spot.** If a sufficient number of participants have not registered by the deadline, the trip may be cancelled.

Salmon Run and Tour

Along the Salmon River in Oswego County, you'll find the village of Pulaski. Why is it famous, you ask? Because it is one of the best spots for salmon fishing in the country! That's right. People don't travel just from all corners of New York, but from states thousands of miles away. During the fall months, you'll see license plates from across the US filling up the small town roads, all coming together to go – or watch – salmon fishing. We will have lunch on the deck of LD's on the river, one of the best places to watch the fishermen (and women)! After lunch we will head to New York State DEC's Salmon River Fish Hatchery to learn how they hatch, raise and release over one million pounds of fish each year into more than 1,200 public streams, rivers, lakes and ponds across the state!



Date: Thursday, October 15th

Time: Depart Center @ 10:45 am

Cost: \$10.00 (Includes tour and transportation, lunch on your own))

Deer Haven Park

Lets spend a day out observing nature. We will travel to Deer Haven Park where there will be a chance to see the unique wildlife that resides within its fences, from wild turkeys, beavers, and American Bald Eagles to the Majestic Seneca white deer! A guide will come on our bus and give us a tour . After the tour we will go to Ciccino's Pizzeria



Date: Thursday, October 22nd

Time: Depart Center @ 9:30 am

Cost: \$50.00 (All inclusive)

A Day in Sylvan Beach

A little lunch , a little gambling and a little shopping. We will head to Sylvan Beach to enjoy lunch at the **Lake House**. After lunch we can try our luck on the slots. Maybe we will win some shopping money for our next stop at **Weeden's Mini Mall**.



Date: Thursday, November 12th

Time: Depart Center @ 11:30 am

Cost: 10.00 (Lunch on your own)

Pastabilities and IMAX

Animal Kingdom: A Tale of Six Families is a stunning exploration into just what makes our natural world so spectacular. An educational journey from A-Z, the film



introduces audiences to animals from all over the world and explores the ways in which we can help to protect them. Across frozen snowy forests, under scorching African Sun, and into the darkest depths of the ocean, learn why animals are the way they are and answer the simple but important questions that form the basis of our knowledge about the animal world. Depending on show time we will eat at pastabilities before or after.

Date: Thursday, November 19th

Time: Depart Center @ TBD

Cost: \$12.00 (Includes transportation and show, lunch on your own)

TRAVEL NEWS CONTINUED

Dick Clark's Countdown to Christmas @ Turning Stone



Get ready to jingle, twist, and rock around the Christmas tree as Dick Clark's Countdown to

Christmas brings the magic of the 1950's and 1960's back to life! Inspired by the legendary Dick Clark and his iconic music showcases, this festive concert is a joyful celebration of the most beloved hits and holiday tunes from a golden era of American music. Step back in time with a dazzling live band and powerhouse vocalists as they perform the biggest chart-toppers and seasonal favorites that defined a generation. The show highlights hits from Elvis Presley, Buddy Holly, Connie Francis, The Everly Brothers, and Peggy Lee along with holiday classics that still fill homes with cheer. The show captures the essence of the 1950s and 1960s, offering a vibrant and energetic tribute.

Date: Thursday, December 3rd

Time: Depart @ 10:30 am/Pick up @ 3:00 pm

Cost: \$65.00 (Includes transportation, matinee, \$25 slot play, \$5 food credit)

Lights on the Lake

We will once again be offering a trip to see the *Lights on the Lake* for our annual tradition. First we will go to Heid's for dinner then head over to the lake to drive through the lights!



Date: Wednesday, December 16th

Time: Depart Center @ 5 pm

Cost: FREE Transportation (Diner on Own)

OVERNIGHT TRIP

United Methodist Church Caring Support Group 2026 Bus Trip



Lancaster-Sight and Sound November 10th-11th

Includes:

*Motorcoach transportation, one night lodging, one breakfast, one dinner, 2 shows-*Joshua* at sight and sound and American Theater Christmas, driver gratuity, luggage handling, and more.

Limited seating-sign up now

\$425 per Double Occupancy

\$525 Single Person

\$100 Deposit due at sign up

****For more information on both these trips and to sign up, please contact Mary Alice Scheel at 315-699-7181**

Golden Horseshoe Christmas

Celebrate the Season with Great Holiday Music Enjoy a show with many extras as Donna and the Mystics put you in the Christmas spirit. You will be listening and singing along as you enjoy your favorite Christmas music like Rockin'



Around the Christmas Tree, White Christmas, Jingle Bells, Blue Christmas and many more. Christmas trivia at 11, Ham dinner at 12:30 and Music at 1:45.

Date: Thursday, December 10th

Time: Depart Center @ 10:00 am

Cost: \$60.00 (All Inclusive)

A NOTE FROM TOWN HALL

A Season of Community!!

As we move from the beauty of autumn into the Christmas and holiday season, it is a wonderful time to reflect on the people, traditions, and community connections that make this time of year special.

We hope the coming months bring opportunities to enjoy seasonal activities, gather with family and friends, and share in the warmth and spirit of the holiday season. From all of us in Town government, we wish you a safe, happy, and healthy fall and a joyful holiday season filled with peace and good memories!



Forever Young Ladies Group

Forever Young is a group of fun-loving ladies that meet every month. There is an additional membership fee of \$25 to join which goes towards the annual Holiday Party!

Tim's Pumpkin Patch

More than just a pumpkin patch, let's go visit this fall destination! We will start with a lunch in their brew bar which also offers their own craft drinks and beers made on site. After we will have time to walk around the farm which offers an animal barn, sunflower field, corn maze and of course grab a pumpkin. We can end the day in the bakery with some fall themed milkshakes and dessert and peruse the gift shop!



Date: Wednesday, October 7th

Time: Depart Center @ 11:00 am

Cost: \$15 (Includes transportation and admission into the farm, lunch/pumpkins/dessert on your own)



Home Team Pub Lunch and Craft

We will enjoy lunch at Home Team Pub followed by this simple macramé winter wreath to hang on our door for the season!

Date: Thursday, November 5th

Time: Depart Center at 11:30 am

Cost: \$35.00 (Includes transportation and craft, Lunch on your own)

Holiday Party

Meet at Spinning Wheel Restaurant for a delicious meal, followed by \$10 gift exchange and company of good friends!



Date: Thursday, December 17th

Time: Meet at Spinning Wheel 12:00 pm
(7384 Thompson Rd, North Syracuse)

Cost: Your \$10.00 gift for exchange

CENTER HAPPENINGS

Ongoing Programs at the Center

Bunco

Tournament style Bunco is a dice game where players compete in rounds to score points and win prizes. Bunco rotates every other Monday.

Day: Rotating Mondays

Time: 1:00 pm

Cost: \$3.00 Bunco



Team Trivia



Come flex your knowledge with team trivia where teams compete against each other on a variety of topics! No need to bring your own team, just join any table! Trivia rotates every other Monday.

Day: Rotating Mondays

Time: 1:00 pm

Cost: FREE

Hand and Foot/Game Day

Join us on **Mondays** to play Hand and Foot or any table games. Have a game in mind that you'd like to play? Let us know and we will set up a table for you!

Day: Mondays

Time: 2:30 pm

Cost: FREE



Poker



Join us on Mondays to play Texas Hold'em poker.

Day: Mondays

Time: 2:30 pm

Cost: \$5.00

Pitch

Come join us for an afternoon of trick taking card fun! This is played tournament style, no need for a partner as you will draw randomly for one.

Day: Every Tuesday

Time: 1:00 pm

Cost: \$3.00

****ADDITIONAL DAY****

Day: Every Wednesday

Time: 2:30 pm

Cost: \$3.00



Mahjong

Mahjong is a tile-based game of skill, strategy, calculation and chance. Come observe and learn!

Day: Wednesdays

Time: 10:30 am

Cost: FREE



Phase 10

Phase 10 is the Rummy-type card game with a twist! Be the first player to complete 10 varied phases.



Day: Thursdays

Time: 1:00 pm

Cost: FREE

Bridge

Come play this team, trick taking game. Partners are not needed but tables of 4 are required, so call to save your spot.

Day: Thursdays

Time: 1:00 pm

Cost: FREE



Knitting/Crocheting

All levels welcome! Enjoy the company of others in this social knitting group!



Day: Thursdays

Time: 1:00 pm

Cost: FREE

Men's group

Come for coffee and fellowship!

Day: Fridays

Time: 10:00 am

Cost: FREE



Bingo



Play 11 games with prize money!

Day: Fridays

Time: 1:00 pm

Cost: 50¢ per card

Billiards Room

The billiard room is open for daily use with 2 tables and many cue sticks available for use.

Days: Monday thru Friday

Hours: 10:00 am to 4:00 pm

Cost: FREE



CENTER HAPPENINGS CONTINUED

Entertainment & Birthday Celebrations

Entertainment with The Puma's

Enjoy some musical entertainment with friends!! Come ahead of time for a PEACE lunch followed by cake to celebrate October birthdays! Stay after for a short game of bingo!

Date: Friday, October 16th

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal

Cupcakes & Entertainment FREE



Entertainment with Geoff Clough



Come join us for an entertaining afternoon! Entertainment to start at 1:00 pm, after the PEACE meal. We will also celebrate all those who were born in November with cupcakes and play a short game of bingo!!

Day: Friday, November 13th

Time: 12:00 pm Lunch

12:30 pm Birthday Cupcakes

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal

Cupcakes & Entertainment FREE

Entertainment with Jilissa Vellake

Let's welcome Jilissa to entertain us and get ready for the holiday season! Come ahead of time for a PEACE lunch followed by cupcakes to celebrate December birthdays! Stay after entertainment for a short game of bingo!

Day: Friday, December 18th

Time: 12:00 pm Lunch

12:30 pm Birthday Social

1:00 pm Entertainment

Cost: Suggested donation \$3.50 for PEACE meal

Cupcakes & Entertainment FREE



If you see a new face at the Senior Center, please be sure to introduce yourself and extend a friendly welcome!

Our newest members are:

Laura haile, Daniel and Kathleen Pabis, Patricia Carlin, Carol Digirolam, Gloria Roberts, Barbara Bucher, Susan Smith, Mary Jane and Michael Glasziszweski, Diane and John Gorman.

CENTER HAPPENINGS CONTINUED

Center Meals and Events

PEACE Luncheons

Congregate meals are **Mondays, Tuesdays and Fridays at noon**. Meals are a suggested donation of **\$3.50** (or whatever you can afford) . You must sign up a minimum of 24 hours ahead of time, stop by or call the center to sign up!



Halloween Luncheon and Activities

Come early and enjoy some simple Halloween fun followed by a goulish lunch! Don't forget your costume!!



Date: Thursday, October 29th

-Sign up by October 26th

Time: 10:30 am Activities/12:00 pm Lunch

Cost: \$10.00

Harvest Brunch

We will be baking up some favorite brunch items for our annual day before thanksgiving get together!

Date: Wednesday, November 25th

-Sign up by Monday, November 23rd

Time: 11:00 am

Cost: \$8.00



New Years' Eve Luncheon



Come ring in the new year with a catered lunch and a toast! Come early for some extra fun!

Date: Thursday, December 31st

-Sign up by Monday, December 28th

Time: 10:30 am Activities/12:00 pm Lunch

Cost: \$15.00

Let's Talk Bridge

Join us at the Cicero Senior Center on **Thursdays starting January 7 for this new FREE eight-week series introducing the game of bridge**. Class begins at **10:30 am** and will run to approximately **12 pm**.

Please register for the classes at the center. If you have a favorite partner, invite them to learn with you. A partner is not required; we hope you'll meet others who share your interest in the game.

If you already play bridge or want to return to the game, you can play several hands and learn new ways to describe your hand and reach the best contract with your partner. You'll also be introduced to tournament play available at local community centers.

Sally Swing, an avid bridge player, mentor, and facilitator, will help beginners learn the basics and begin a lifelong enjoyment of the game.

Current players can enjoy additional hands with friends and fellow enthusiasts while exploring modern bidding styles and strategies that may strengthen their game.

Bridge can be enjoyed at every skill level. The basics are easy to learn, while mastering the game offers an engaging challenge. Along with the camaraderie of fellow players, bridge can become a rewarding lifelong hobby. We look forward to seeing you at the table.

For questions or comments, contact Sally Swing by text or phone at (561) 596-0900, or email sallyswing66@gmail.com. Enrollment is free, and participants will receive educational materials and resources throughout the series.

CENTER HAPPENINGS CONTINUED

Fitness Programs

Aerobics



Join us for an online low impact aerobics and strength class on Mondays.

Days: Mondays

Time: 9:00 am - 10:00 am

Cost: FREE

Yoga with Michele

Depending on your comfort level, you can choose to be in a chair or on the floor.

Day: Tuesdays

Time: 9:00 am - 10:00 am

Cost: \$30.00 for 3 months



Core and Balance with Michele



A workout focused specifically on building core strength—the main source of balance in the body.

Days: Thursdays

Time: 9:00 am - 10:00 am

Cost: \$20.00 for 3 months

Fall Prevention Program at Cicero Senior Center

FREE

Mondays 9 am- 10 am
January 25th - March 15th 2027

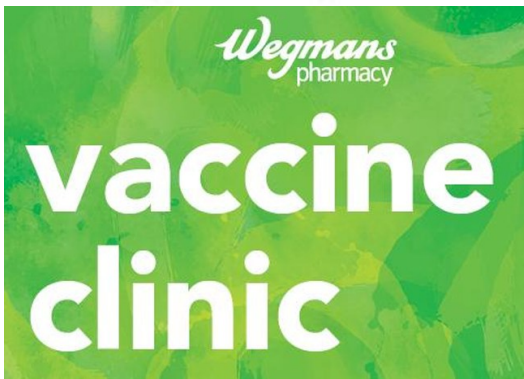
PROGRAM OFFERINGS:

- ✓ STRENGTHENING EXERCISES
- ✓ INFORMATIONAL HANDOUTS
- ✓ EVIDENCE-BASED PRESENTATIONS
- ✓ INDIVIDUALIZED RECOMMENDATIONS

care CENTER FOR
AGING RESOURCES
AND ENRICHMENT

INFORMATIVE PRESENTATIONS

Wegmans pharmacists will be on-site providing vaccines.



Monday, October 5th
10:30AM to 1:30PM

Cicero Town Hall
Courtroom
8236 Brewerton Road

\$0 copay with most insurances.

Minimum age requirements vary by state.

The Centers for Disease Control and Prevention recommend getting a vaccine as it becomes available to help protect you.



**scan here for
appointment**

Medicare Educational Workshop

There are **BIG CHANGES** coming for 2027 in CNY.

*Plan to join Medicare Broker Rich Lash for this informative event. We'll review many of the **MAJOR CHANGES for 2027** in Medicare and Medicare Advantage Plans*

Plans and Companies **going away** (you might have to reapply)

Rx Co-Pays and Deductibles **increasing** (which company/plan is best for you)

Dr and Hospital Network **Changes** (are you still covered "there"?)

Benefits **decreasing** (Dental, OTC, Fitness, etc.)

Rich understands how confusing all the options can seem. Come, relax and have your questions answered. Please invite your friends and relatives!

Very important for folks currently on Medicare. Plus, it's especially important for those who are soon to be turning 65.

Rich does these workshops throughout the year. He has been in the insurance field since 1987, and has specialized in Medicare Insurance since 2013. As a broker, he represents many of the fine companies offering Medicare Advantage, Medicare Supplement and Medicare Part D plans in Central NY

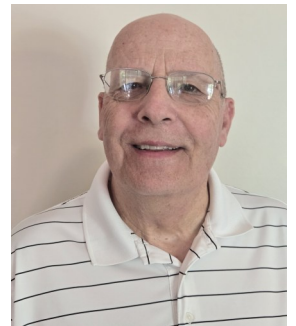
Rich is not connected with or endorsed by the United States Government or the Federal Medicare Program.

Dates: Friday, October 9th

Friday, November 6th

Time: 10:30 am

Cost: FREE



AROUND TOWN

BRIDGEPORT FIRE DEPT. LADIES AUX
 In Conjunction with Town of Cicero and Town of Sullivan
 Invite you to attend our

ANNUAL FALL FESTIVAL
Saturday, October 3rd
 9:00 am to 3:00 pm
 Bridgeport Fire Dept. Station #1, 427 Route 31, Bridgeport

Two Hip Chicks Sliders
 Food Rescue Food Truck
 Dad's Ice Cream

Vendor Craft Show
 Crafts & Games for Kids
 Fire Truck Display
 Raffles

Farmer's Market
 Child ID Program
 Pumpkins
 Martial Arts Demonstration

Bake Sale
 Facepainting
 Chicken B-B-Q

Fried Dough and Apple Desserts and More!!!!

CRAFT SHOW

If you would like more information about participating:
 Email: Bridgeportladiesaux@gmail.com or call: 315-551-7053

Love Grows Here
 Cicero UMC

Join Us
 FOR OUR 2ND ANNUAL

FALL FESTIVAL
SATURDAY, OCTOBER 3RD
 10 AM - 3 PM

FOOD TRUCKS CRAFT SHOW MUSIC BAKE SALE BOUNCE HOUSE CHILDREN'S GAMES

and a few new items this year! ♥

Fun for the Whole Family! ♥

Cicero United Methodist Church
 8416 Brewerton Road
 Cicero, NY 13039
 315-699-2731

Good Food ♥ Great Company
 A Stronger Community

See you there! ♥

FOOD FRIENDS FALL FAITH ♥

19TH ANNUAL FAMILY FESTIVAL

SATURDAY, OCTOBER 17TH, 2026
 CENTERVILLE PLACE AT 700 SOUTH BAY ROAD
 10AM - 4PM

Dates and times are subject to change as there are a lot of moving parts behind the scenes, but right now we're feeling pretty confident that October 17th will be the big day!

SATURDAY, OCTOBER 17TH, 2026
 10AM - 4PM
 CENTERVILLE PLACE AT 700 SOUTH BAY ROAD

*LIVE MUSIC *FOOD TRUCKS *BOUNCE HOUSES *RAFFLES *VENDORS *CRAFTERS *KID'S ZONE

Stay tuned for more updates as plans continue to come together -
 WE CAN'T WAIT TO CELEBRATE WITH OUR COMMUNITY AGAIN!

SYRACUSE WINTER WONDERLAND
 Gem, Mineral, Fossil & Jewelry Show

Held at American Legion Post 787
 5575 Legionaire Dr, Cicero, NY 13039

December 5 & 6
 Saturday 10:30am - 5pm • Sunday 10am - 3pm
 ADMISSION \$6 per person • 12 and under FREE

\$1 OFF ADMISSION
 when you present this flyer at the door

PARKS & RECREATION PROGRAMS

To sign-up for these program go to www.cicero.recdesk.com/community/program, grab a registration form from the Senior Center or Cicero Parks and Recreation's office located at Joseph F William Park or call 315-699-5233



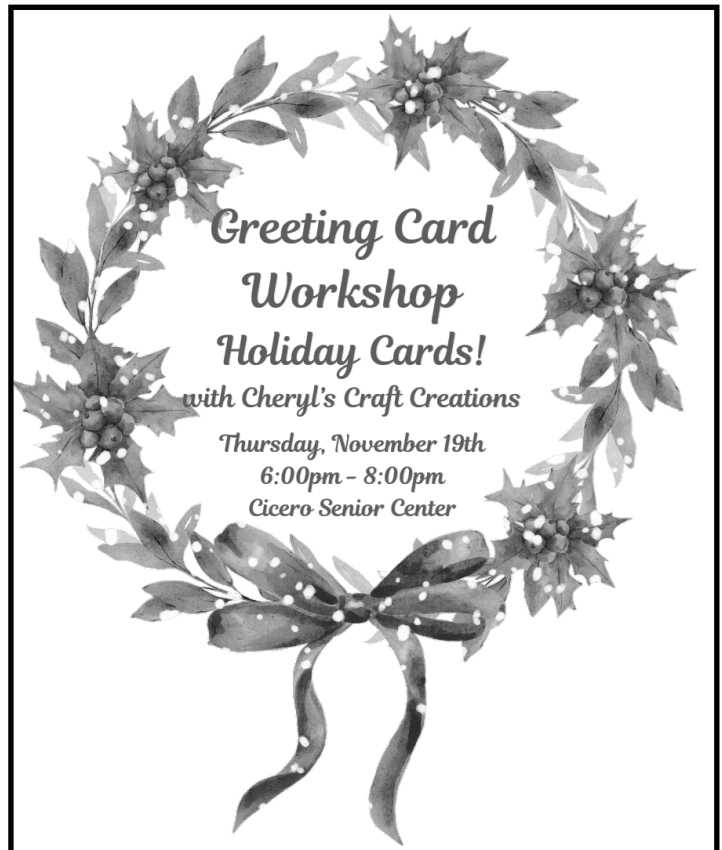
TOWN OF CICERO

TRUNK OR TREAT!

SAT. OCTOBER 17 AT 3PM - 6PM

TREATS, CRAFTS, GAMES,
(AND MAYBE A FEW TRICKS!)

PLANK ROAD PARK
(5471 MUDMILL RD. BREWERTON, NY 13029)



Greeting Card Workshop

Holiday Cards!

with Cheryl's Craft Creations

Thursday, November 19th
6:00pm - 8:00pm
Cicero Senior Center



HOMESTEADING SERIES
WITH SUNFLOUR BREAD CO.

Knead to Know:

SOURDOUGH BASICS
WITH SUNFLOUR BREAD CO
(LOCAL MICRO BAKERY)

SATURDAY, OCTOBER 24TH
10:00AM
CICERO SENIOR CENTER
(5924 LATHROP DR, CICERO, NY 13039)
FEE: \$40.00/BAKER

INCLUDED:
STARTER, FULL INSTRUCTION PACKET,
TOOL KIT OF ESSENTIALS, AND A LOAF
TO BAKE AT HOME



JOIN US FOR A

**HOLIDAY MARKET
&
TREE LIGHTING**

SATURDAY, DECEMBER 5
2:00PM - 7:00PM
CICERO FIRE STATION #1

8377 BREWERTON RD., CICERO, NY 13039

CENTER INFORMATION

Join the Cicero Senior Center

Membership is free to Town of Cicero residents that have reached the age of 55. Seniors living outside of the town must pay a low annual membership fee of \$30.00 per individual or \$45.00 for a couple! (*This eliminates an additional charge to non-residents for trips and events.*) Fill out one of our registration forms to get on the quarterly newsletter mailing list. All trips are offered to members first. Events and celebrations at the Center are for members only. Occasionally, guests can attend events with prior approval from the Center Coordinator as space is limited.

Steering Committee

The Steering Committee meets monthly to keep our Center running smoothly. If you have any ideas, suggestions, or concerns, please feel free to attend our next meeting. Meetings are scheduled for 10:30 am on the third Tuesday morning of each month.

Members: Elaine Bisbee, Claire Cary, Marty Ferrell, Ellen Garland, Carolyn Gearty, Phima Niedzwiecki, Mark Steen, Barb Volz, Linley Willis and Elaine Davis as Parks and Rec Commission Liaison.

Bad Weather Closing

To be informed of the Center closing in the event of a storm, watch for scrolling cancellations or check online with local channels 3, 5, 9 & Spectrum News 10. PEACE meals are cancelled when the Syracuse City School District is closed. If weather is bad, please stay home where you feel safe.

Path of Love

This program is an opportunity to make a donation to the Senior Center by purchasing an engraved brick to be placed in a path entering our gazebo. This is a lovely way to pay tribute to family members or to leave a message for future generations. To place your order for a brick, simply call the Center at 315-452-3298 or stop by the Center. Cost per brick is \$50.00.

TRANSPORTATION INFORMATION

Syracuse Centro Call-A-Bus

Call-A-Bus provides origin-to-destination trips to eligible people with disabilities who would otherwise use Centro buses if it were not for their disabilities. To determine if you are eligible for Call-A-Bus, you must complete a written application, and it must be signed and verified by a healthcare professional of your choice. Fares range from \$2.00 to \$3.00. Contact: 315-442-3434

Syracuse Centro OSCAR

OSCAR provides public transportation Monday - Friday between 7:00am and 7:00pm to/from origins and destinations within Onondaga County that are not serviced by Centro's regular route service. Eligible seniors must be pre-registered to participate in the OSCAR program. The OSCAR service cannot be used for medical transportation if the customer is eligible for Medicaid. Eligible seniors may receive (2) round trips per month or (4) one-way trips per month. To request an application, please call Centro's Specialized Transportation Department at (315) 442-3434,

GoGo Transportation

A transportation partnership with New York State Office for the Aging & Uber/Lyft that makes it possible for seniors to book on-demand or scheduled rides, with just a phone call - no apps or smart phone required! You must live in Onondaga County and be age 60 years or older. If you register with the Onondaga County Aging Office, you receive 1 round trip or 2 one-way rides per month for \$2.50 per one-way. You may use this transportation service to go to Community Centers, visit loved-ones, fitness centers, medical appointments, shopping, volunteer activities and more!

For more information or to register for this service please call 315-435-2362

Area North Transportation Services (ANTS)

The Catholic Charities Elderly Services program provides transportation for clients in Northern Onondaga County.

For more information regarding transportation for the ANTS program, call (315) 424-1810.

RESOURCES AND SERVICES



**Onondaga County
Office for Aging**
315-435-2362
www.ongov.net/aging

The Onondaga County Office for Aging is one of 59 Area Agencies on Aging in New York State and is part of the national aging network. Their aim is to be a focal point for information, advocacy, and coordination of eldercare services. Some of their services are listed below.

Caregiver Services - Provides respite programming, information and assistance, and support and discussion groups. It also offers the "Institute for Caregivers" – classes for current and future caregivers that inform on relevant topics.

Community Services - Provides information and referrals related to home repairs, legal services, senior center activities, health promotion initiatives, transportation options and shopping services. It also includes the Neighborhood Advisor Program.

Energy Programs - The Home Energy Assistance Program (HEAP) offers heating and cooling assistance to income eligible seniors.

Health Insurance - The Health Insurance Information, Counseling & Assistance Program (HIICAP) offers free and unbiased information.

Home Care - Expanded In-Home Services for the Elderly Program (EISEP) - A sliding-scale, fee-based program that provides non-medical home care for frail individuals. It also includes case management and respite care options.

Nutrition Services - Provides nutritious meals and nutrition education through home delivered meals, senior dining sites and nutrition counseling. The unit also manages the annual "Senior Farmers Market Nutrition Program."

NY Connects - Provides information and assistance on long term care services for persons of any age.

Long Term Care Services - Offers medically based home care for children and adults who receive Medicaid.

Neighborhood Advisor Program

If you are 60 years of age or older, you can receive assistance through the Neighborhood Advisor Program. Some available programs are Energy Grants (HEAP), Medicare, Financial Assistance, Medicaid, Health Services, Prescription Drugs, Home Care and Senior Groups. Contact Catholic Charities directly at (315)424-1810 with any questions.

Legal Aid Society of Mid NY

Legal Aid Society of Mid New York has qualifying programs to help regarding power of attorney, wills, health care proxies, Medicare/Medicaid, public assistance, housing issues, consumer issues and much more.

Call 315-703-6600 to make an appointment and

Home Repairs

Project Fix is a small in-home repair service for senior citizens, 60 years and older living in Onondaga County. This is funded through Catholic Charities, NYS Office for Aging and Onondaga County Department of Adult and Long Term Care Services. They can help you with plumbing, electrical and carpentry services. Cost to you is materials and a donation for labor. Call Nancy Roberts at (315)424-1810.

Medical Equipment

Luther Memorial Church has a medical equipment storage closet available for the community. If you are in need of equipment, they may be able to help! Items are slightly used to new and include walkers, canes, crutches, wheel chairs, shower chairs, commodes and more! These items are available for use free of charge! Contact the church office Monday thru Friday, 9 am to 4 pm. (315) 458-1481.



*In Support of the Cicero
Senior Center
Tracy M. Cosilmon
Cicero Town Clerk
315-699-8109
clerk@ciceronewyork.net*

RESOURCES AND SERVICES CONTINUED



Meals on Wheels

Those of you that can't make it to the Center for a PEACE lunch, may want to look into the North Area Meals on Wheels. They prepare and deliver 2 well-balanced and nutritious meals a day directly to the elder, disabled, and homebound in the area! The cost of the meals is minimal (\$10/day) and financial assistance may be available for those meeting the required guidelines. They can accommodate most special diets and allergies and meals can be provided on a short or long term basis. With meal service they also provide a most important health and safety check on clients. Call North Area Meals on Wheels at 315-452-1402 for more information.



We are a community oriented police department dedicated to the citizens who live and work in our community.

We offer the following services;

- Property and business checks
- Prescription drug & sharps disposal program
- Community education (active shooter, senior citizen safety/security)
- Senior Partnership program
- Volunteer in Police Services (become a volunteer!)

Visit us at www.ciceropd.us
or call 315-699-3677

for questions or more information

If anyone you don't personally know asks you to use a money wiring service to send cash to them, Stop and think, "Is this a scam?"

Because it usually is!

Before sending money, call the Cicero Police Department

Cicero Town Hall Phone Numbers

Cicero Town Hall
8236 Brewerton Rd.
Cicero, NY 13039
315-752-1180



Assessor's Office	Ext 500
Comptroller's Office	Ext 506
Town Clerk/Dog Control	Ext 501
Court	Ext 804
Receiver of Taxes	Ext 503
Supervisor	Ext 505
Zoning/Code Enforcement	Ext 504
Parks & Recreation	315-699-5233
Senior Center	315-452-3298
Teen Center	315-699-1391
Police Department	315-699-3677
Highway Department	315-699-2745

NOPL Libraries Program

The Northern Onondaga Public Libraries offer a host of fun and fascinating programs throughout the year. All are welcome to enjoy. Programs are free of charge unless otherwise listed. Visit www.nopl or give the library a call to sign up for any of the following programs:

- eBook program
- NOPL Book Discussion Groups
- Arts and Craft Projects
- NOPL knitting group
- Informative Lectures
- Beginning Internet Classes

For Your convenience there are three library branches in our community.

NOPL @ Cicero 699-2032
NOPL @ North Syracuse 458-6184
NOPL @ Brewerton 676-7484



Town of Cicero
Senior Center
5924 Lathrop Dr.
Cicero, NY 13039

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Syracuse, NY

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2026